# Habitual communication

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# Introduction









### Research questions

- Do people rely on communication habits in unfamiliar environments?
- Obes reliance on communication habits depend on how often we interact in unfamiliar environments?

### Literature & Contributions

- Habitual behaviour: consumption (Havranek et al., 2017), savings (De Mel et al., 2013), exercising (Charness and Gneezy, 2009; Acland and Levy, 2015; Royer et al., 2015), voting (Coppock and Green, 2016; Fujiwara et al., 2016), cooperation (Peysakhovich and Rand, 2016; Arechar et al., 2018)
  Contribution: Evidence for habitual (strategic) communication
- Communication experiments: (Cai and Wang, 2006; Kawagoe and Takizawa, 2009; Wang et al., 2010; Belot and van de Ven, 2019)
  Contribution: Habits can lead to either overcommunication or undercommunication



### The sender-receiver game

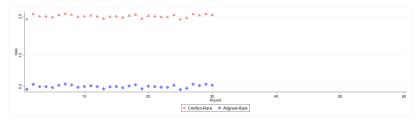
Participants are randomly rematched to play a sender-receiver game

- Senders learn the state (s), randomly drawn from  $\{1,2,3,4,5\}$
- Senders send a message (m) of type "The state is X"
- Solution Receivers see the message and choose an action (a) from  $\{1,2,3,4,5\}$
- <sup>3</sup> Payoffs are realised according to  $U^{S}(a, s, b) = 110 - 20|s - a + b|^{1.4}, U^{R}(a, s) = 110 - 20|s - a|^{1.4}$
- Players receive feedback on state, message, action and realised payoffs
- **6** Games used: aligned (b = 0.2), partial (b = 1), and conflict (b = 2)

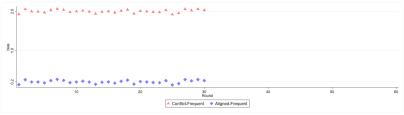
Screenshots here.

# $2 \times 2$ between subjects treatment design

### $2 \times 2$ between subjects treatment design



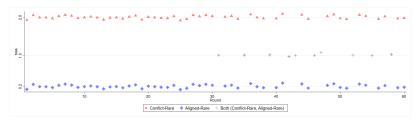
(a) Rare treatments



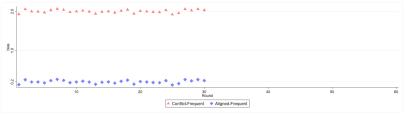
#### (b) Frequent treatments

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### $2 \times 2$ between subjects treatment design



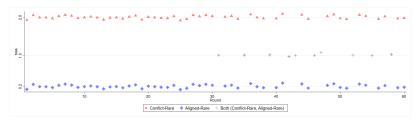
(a) Rare treatments



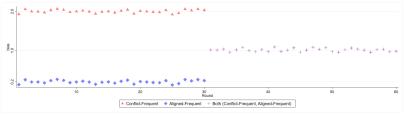
#### (b) Frequent treatments

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### $2 \times 2$ between subjects treatment design



(a) Rare treatments



#### (b) Frequent treatments

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# Model & Predictions

# Perfect Bayesian benchmark

 $BR^{S}(s, b)$ 

 $BR^{R}(m, b)$ 

<i>b</i> = 0.2	Messages	Actions	Corr(S,A)
1	{1, 2, 3, 4, 5}	{3}	0.00
2	$\{1, 2\}, \{3, 4, 5\}$	{1, 2}, {4}	0.84
3	$\{1, 2, 3\}, \{4, 5\}$	{2}, {4, 5}	0.84
4	$\{1\}, \{2, 3\}, \{4, 5\}$	{1}, {2, 3}, {4, 5}	0.90
5	$\{1, 2\}, \{3\}, \{4, 5\}$	{1, 2}, {3}, {4, 5}	0.90
6	$\{1, 2\}, \{3, 4\}, \{5\}$	$\{1, 2\}, \{3, 4\}, \{5\}$	0.90
7	$\{1\}, \{2\}, \{3\}, \{4, 5\}$	$\{1\}, \{2\}, \{3\}, \{4, 5\}$	0.95
8	$\{1\}, \{2\}, \{3, 4\}, \{5\}$	$\{1\}, \{2\}, \{3, 4\}, \{5\}$	0.95
9	$\{1\}, \{2, 3\}, \{4\}, \{5\}$	$\{1\}, \{2, 3\}, \{4\}, \{5\}$	0.95
10	$\{1, 2\}, \{3\}, \{4\}, \{5\}$	$\{1, 2\}, \{3\}, \{4\}, \{5\}$	0.95
11	$\{1\}, \{2\}, \{3\}, \{4\}, \{5\}$	$\{1\}, \{2\}, \{3\}, \{4\}, \{5\}$	1.00
b = 1.0	Messages	Actions	Corr(S,A)
1	{1, 2, 3, 4, 5}	{3}	0.00
2	{1}, {2, 3, 4, 5}	{1}, {3, 4}	0.65
<i>b</i> = 2.0	Messages	Actions	Corr(S,A)
1	{1, 2, 3, 4, 5}	{3}	0.00

# Behavioural model

Assumption

With positive probability (w) the agent does not change behaviour when the bias changes.

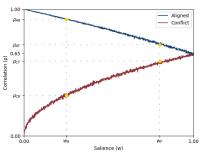
Formally, (expectation of) behavioural best response

$$BBR^{S}(s, b, b^{*}, w) = w \cdot BR^{S}(s, b^{*}) + (1 - w)BR^{S}(s, b)$$
  
 $BBR^{R}(m, b, b^{*}, w) = w \cdot BR^{R}(m, b^{*}) + (1 - w)BR^{R}(m, b)$ 

# Behavioural equilibria & Predictions

#### Predictions

- **1** Habit Rare:  $\rho_{AR} > \rho_{CR}$
- 2 Habit Frequent:  $\rho_{AF} > \rho_{CF}$
- Overcommunication:
  - Aligned-Rare:  $\rho_{AR} > 0.65$ .
  - 2 Aligned-Frequent:  $\rho_{AF} > 0.65$ .
- Ondercommunication:
  - Conflict-Rare:  $\rho_{CR} < 0.65$ .
  - Conflict-Frequent:  $\rho_{CF} < 0.65$ .



Equilibria

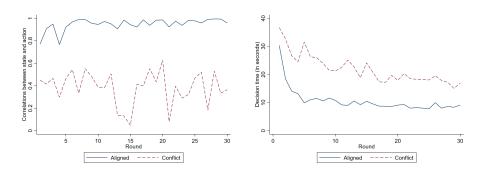
 $\rho_{AR} > \rho_{AF} > 0.65 > \rho_{CF} > \rho_{CR}$ 

# Procedure

- Ran at University of Amsterdam (remotely)
- Programmed in oTree
- Pre-registered in AEA registry for RCT
- Sample size of 256: 8 groups of size 8 per treatment
- Additional measures
  - Cognitive ability: CRT (Frederick, 2005)
  - 2 Risk aversion: Lottery task (Eckel and Grossman, 2002)
  - 3 Attitudes towards strangers (Glaeser et al., 2000)
    - When I communicate with strangers, I tell them the truth.
    - When I communicate with strangers, they tell me the truth.

# Manipulation check: Different behaviour in part one

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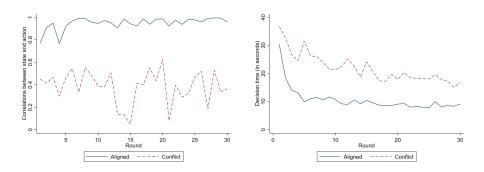
#### Higher correlations in Aligned VS Conflict

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38<sup>th</sup> EEA Conference

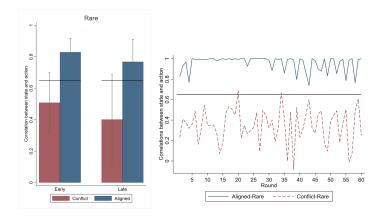
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# Manipulation check: Different behaviour in part one

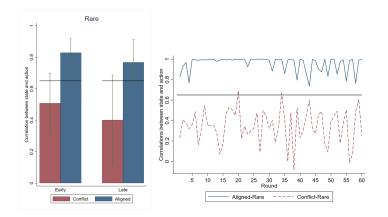


#### Decision times faster over rounds

# When new environment is rare

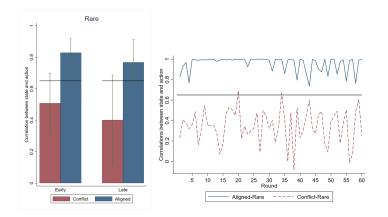


# When new environment is rare



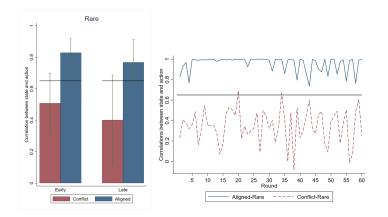
Result 1a: Habitual communication in Early rounds of Rare

# When new environment is rare



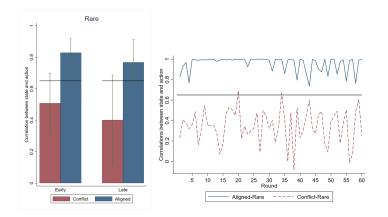
Result 1b: Habitual communication in Late rounds of Rare

# When new environment is rare



#### Result 2a: Overcommunication in Aligned-Rare

# When new environment is rare



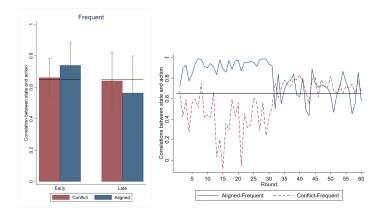
#### Result 2b: Undercommunication in Conflict-Rare

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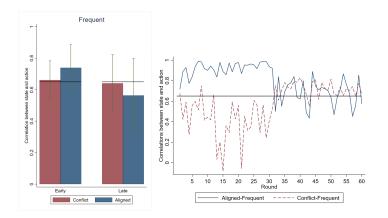
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# When new environment is frequent

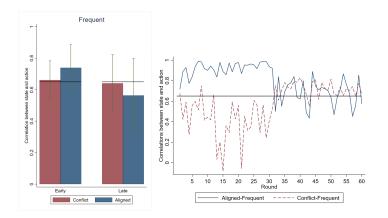


# When new environment is frequent



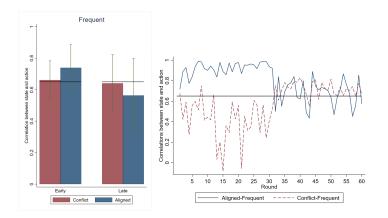
Result 3a: No habitual communication in Early rounds of Frequent

# When new environment is frequent



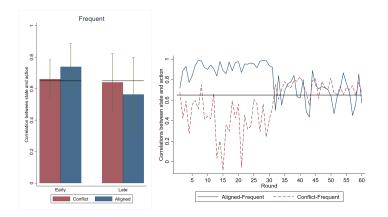
Result 3b: No habitual communication in Late rounds of Frequent

# When new environment is frequent



Result 4a: No overcommunication in Aligned-Frequent

# When new environment is frequent



Result 4b: No undercommunication in Conflict-Frequent

# Habits in individual decisions

### Habits in individual decisions

Participant is habitual if:

- I High automaticity: Stable strategy in part one (rounds 11-30)
- Q Reduced dependence on goals: The same strategy in part two

## Habits in individual decisions

Participant is habitual if:

- Itigh automaticity: Stable strategy in part one (rounds 11-30)
- **2** Reduced dependence on goals: The same strategy in part two

Strategy selection: 3,125 pure strategies

- Eligibility: consistent with at least 60% of subject choices
- Selection: highest percentage of matching choices

## Habits in individual decisions

Participant is habitual if:

- Itigh automaticity: Stable strategy in part one (rounds 11-30)
- **2** Reduced dependence on goals: The same strategy in part two

Strategy selection: 3,125 pure strategies

- Eligibility: consistent with at least 60% of subject choices
- Selection: highest percentage of matching choices

Classification summary

- 228/256 participants in part one
- 236/256 in part two
- 112/256 habitual participants

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

More habitual participants after Aligned than Conflict (66 VS 46)

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

More habitual participants after Rare than Frequent (61 VS 51)

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

More habitual receivers than senders (64 VS 48)

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

Habitual participants make faster decisions (16.47" VS 13.47")

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

Habitual participants have lower CRT scores (2.06 VS 2.24)

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

Habitual participants have similar earnings (89.51 VS 90.51)

	Aligned	Aligned	Conflict	Conflict	
	Frequent	Rare	Frequent	Rare	Total
Sender	14	11	10	13	48
Receiver	16	25	11	12	64
Total	30	36	21	25	112

41/112: "mechanical" habitual, 71/112: "conscious" habitual

# Summary

## Summary

Takeaway messages

- Habitual strategic communication
- 2 Communication habits persist when new environment is rare
- Overcommunication could be (partially) driven by habits and familiarity with common interest environments

Broader implications

- Habits affect (strategic) behaviour
- Pamiliarity with an environment has predictive power for behaviour in unfamiliar similar environments

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## Screenshots I - Sender

#### Round 1 of 10

Below you see the table containing the earnings for both players for every combination of state and action.

- · For player A, the earnings are the number on the left (shown in blue).
- For player B, the earnings are the number on the right (shown in red).

	Action is 1	Action is 2	Action is 3	Action is 4	Action is 5
State is 1	57 , 110	90 , 90	110 , 57	90 , 16	57 , -29
State is 2	16 , 90	57 , 110	90 , 90	110 , 57	90 , 16
State is 3	-29 , 57	16 , 90	57 , 110	90 , 90	110 , 57
State is 4	-80 , 16	-29 , 57	16 , 90	57 , 110	90 , 90
State is 5	-135 , -29	-80 , 16	-29 , 57	16 , 90	57 , 110

You are **player A**. The randomly drawn state is



Please choose a message to send to Player B by clicking the corresponding button below.

Send the message "The state is 1"	Send the message "The state is 2"	Send the message "The state is 3"
Send the message "The state is 4"	Send the message "The state is 5"	

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## Screenshots II - Receiver

#### Round 1 of 10

Below you see the table containing the earnings for both players for every combination of state and action.

- · For player A, the earnings are the number on the left (shown in blue).
- · For player B, the earnings are the number on the right (shown in red).

	Action is 1	Action is 2	Action is 3	Action is 4	Action is 5
State is 1	57 , 110	90 , 90	110 , 57	90 , 16	57 , -29
State is 2	16 , 90	57 , 110	90 , 90	110 , 57	90 , 16
State is 3	-29 , 57	16 , 90	57 , 110	90 , 90	110,57
State is 4	-80 , 16	-29 , 57	16 , 90	57 , 110	90 , 90
State is 5	-135 , -29	-80 , 16	-29 , 57	16 , 90	57 , 110

You are player B.

Player A sent you the message "The state is 2".

Please choose your action by clicking the corresponding button below.



## Screenshots III - Feedback

#### Results from round 1 of 10

Below you see the table containing the earnings for both players for every combination of state and action.

- · For player A, the earnings are the number on the left (shown in blue).
- For player B, the earnings are the number on the right (shown in red).

	Action is 1	Action is 2	Action is 3	Action is 4	Action is 5
State is 1	57 , 110	90 , 90	110 , 57	90 , 16	57 , -29
State is 2	16 , 90	57 , 110	90 , 90	110 , 57	90 , 16
State is 3	-29 , 57	16 , 90	57 , 110	90 , 90	110 , 57
State is 4	-80 , 16	-29 , 57	<mark>16</mark> , 90	57 , 110	90 , 90
State is 5	-135 , -29	-80 , 16	-29 , 57	16 , 90	57 , 110

• The state was 2.

- · Player A sent the message "The state is 3".
- Player B chose action 3.

You were player B. Therefore, in this round you earned 90 points.

Proceed to next round

