Extra-curricular internships and sorting by socioeconomic status

Francesca Leombroni

Bank of Italy

December 19, 2023

Extra-curricular internships and sorting by socioeconomic status

'클|'≞ ∽ ९ (~ Bank of Italy Model and survey structure 0000000 Results and discussion 00000

References

Extra-curricular internships as fraction of first contracts



Note: Internships out of all first contracts, Comunicazioni Obbligatorie, 2007 to 2021

Internships in the EU

▲ ■ ▶ ▲ ■ ▶ ■ ■ ■ ● ● ● ●

The role of internships in the labor market

- Form of on-the-job training, complementing the general knowledge provided by the education system
 - Very low or no compensation as an efficient way to provide sector-specific or general practical training (Becker, 1962; Garicano and Rayo, 2017) Regulation
- Signalling mechanism for young workers (and screening mechanism for firms)
 - If positive signal, internships may become an *expensive* prerequisite to access the most prestigious positions (Curiale, 2010; Bennett, 2011; Leonard et al., 2016)

Sorting according to the socioeconomic status of the family of origin



Research question

- What are the channels driving the different take-up of internships across socio-economic backgrounds?
 - $\rightarrow\,$ Focusing on the supply side, what aspects are most considered in the choice?
 - \rightarrow Are liquidity constraints or heterogeneous beliefs on returns the main driver of the socioeconomic difference in internships take-up?

My contribution

Socio-economic background and education-related choices

(Manski, 1992; Stinebrickner and Stinebrickner, 2008; Rothstein and Rouse, 2011; Lochner and Monge-Naranjo, 2012; Boneva et al., 2021a,b; Hotz et al., 2021):

I focus on young workers' access to the labor market

Elicitation of probabilistic choices in hypothetical scenarios

(Manski, 2004; Giustinelli, 2016; Wiswall and Zafar, 2015; Maestas et al., 2017; Mas and Pallais, 2017; Wiswall and Zafar, 2018; Arcidiacono et al., 2020):

- I formulate and estimate a model of choice between labor market options
- I implement a survey experiment of contract choice in hypothetical but realistic scenarios among university students
- I combine immediate contract features with beliefs on long-term outcomes

Model and survey structure

Extra-curricular internships and sorting by socioeconomic status

Bank of Italy

< □ > < □ > < Ξ > < Ξ > < Ξ ≥ < Ξ = の Q @

Model and survey structure

Results and discussion

References

An example of option choice

	A	В
Tipo di contratto	Stage a fini di assunzione	Contratto di lavoro di 12 mesi
Tipo di azienda	Multinazionale o leader nel settore	Medio-piccola
Compenso mensile netto	540	1550



Extra-curricular internships and sorting by socioeconomic status

◆□▶ ◆□▶ ◆三▶ ◆三▶ ◆□▼ ��

Individual choice model

The value of each option V_i depends on

Immediate outcomes:

- Wage, compensation or monetary value of unemployment
- Residual individual taste for the option type (contract and firm)
- Beliefs on future outcomes conditional on the initial choice:
 - Wage
 - Probability of permanent employment

Utility from choosing contract j

Utility of accepting an offer of type j, with compensation w:

$$V_j(w) = rac{1-eta_g^{ au_j}}{1-eta_g}iggl[rac{w_{oj}^{1-
ho_g}}{1-
ho_g}+\gamma_{ij}iggr]+EV_{ij}$$

- β_g : time discount factor
- τ_j : duration of contract j
- ρ_g: risk aversion parameter
- w_j: wage of contract j

- γ_{ij}: individual taste for the option type
- EV_{ij}: belief on future utility conditional on choosing contract j today

Value of unemployment

Estimation

I elicit from respondents:

The probability of choosing each contract, p_{ij}:

$$lnigg(rac{p_{ij}}{p_{ij'}}igg) = V_{ij} - V_{ij'}$$

Individual conditional beliefs about expected wage and probability of permanent employment Survey question

I estimate:

- The group-specific preference parameters η_g , β_g and ρ_g
- The individual-level monetary value of unemployment
- The residual individual-level taste for each contract type

Information treatment

- Potential endogeneity: expectations conditional on current contract type might be correlated with unobservable preferences for different contract types
- Information treatment based on administrative (INPS) data to create an exogenous variation in beliefs

Survey screen Relative belief improvement

Survey structure

 500 Bocconi University students, recruited through the Bocconi Experimental Laboratory for Social Sciences

(BELSS). Sample characteristics

- 4 main sections:
 - 1. General demographic information and detailed questions on socioeconomic background
 - 2. Elicitation of conditional beliefs on future labor market outcomes Survey question
 - 3. Choice experiment: eight hypothetical scenarios of contract choice (Scenarios)
 - 4. Information treatment (or blank screen for control subjects) and repetition of sections 2 and 3 Survey screen

Results and discussion

Extra-curricular internships and sorting by socioeconomic status

Bank of Italy

< □ > < □ > < Ξ > < Ξ > < Ξ ≥ < Ξ = の Q @

Results and discussion $0 \bullet 000$

Main results

- 1. No difference between groups in the overall take-up of internships Go to table
 - But low-SES students from master's programs are more likely to choose internships with hiring purposes in big firms
- 2. Beliefs on future outcomes are similar across groups Go to table
 - For both groups internships for hiring in big firms are associated with higher outcomes than job contracts in small firms

- 3. Predictors of individual contract choices from OLS regression: Go to regression table
 - Contract wage, firm size and future job stability are the main predictors of choice for both groups
 - But long-term employment stability matters the most for high SES students
- 4. Model parameters estimation:
 - Low SES respondents assign lower weight to employment stability Parameter estimates
 - Their monetary benefit from unemployment is significantly lower Unemployment benefit

Results and discussion $000 \bullet 0$

Conclusion

- Students from different socioeconomic backgrounds do not qualitatively differ in their beliefs about future conditional outcomes
- However, they differ in their structure of preferences
 - \Rightarrow Confirmed presence of liquidity constraints channel
 - \Rightarrow Low SES students seem to be less interested in employment stability

Discussion

- Bocconi students are positively selected in terms of ability (as measured by High school type and grades) and parental wealth
 - ⇒ Some of the results might be driven by relatively low-SES individuals being positively selected in terms of (unobservable) ability and/or ambition (given they face a larger relative investment)
 - ⇒ Extension of the survey to students from different Italian universities

- Arcidiacono, P., Hotz, V. J., Maurel, A., and Romano, T. (2020). Ex Ante Returns and Occupational Choice. Journal of Political Economy, 128(12):4475–4522.
- Becker, G. S. (1962). Investment in Human Capital: A Theoretical Analysis. Journal of Political Economy, 70(5, Part 2):9–49.
- Bennett, A. M. (2011). Unpaid Internships & The Department of Labor: The Impact of Underenforcement of the Fair Labor Standards Act on Equal Opportunity. 11:22.
- Boneva, T., Golin, M., and Rauh, C. (2021a). Can perceived returns explain enrollment gaps in postgraduate education? Labour Economics, page 101998.
- Boneva, T., Golin, M., and Rauh, C. (2021b). Can perceived returns explain enrollment gaps in postgraduate education? Labour Economics, page 101998.
- Curiale, J. L. (2010). America's New Glass Ceiling: Unpaid Internships, the Fair Labor Standards Act, and the Urgent Need for Change. HASTINGS LAW JOURNAL, page 31.
- Garicano, L. and Rayo, L. (2017). Relational Knowledge Transfers. American Economic Review, 107(9):2695-2730.
- Giustinelli, P. (2016). Group Decision Making with Uncertain Outcomes: Unpacking Child–Parent Choice of the High School Track. International Economic Review, 57(2):573–602. _eprint: https://onlinelibrary.wiley.com/doi/pdf/10.1111/iere.12168.
- Hotz, V. J., Wiemers, E., Rasmussen, J., and Koegel, K. M. (2021). The Role of Parental Wealth and Income in Financing Children's College Attendance and Its Consequences. page 58.
- Leonard, P., Halford, S., and Bruce, K. (2016). 'The New Degree?' Constructing Internships in the Third Sector. Sociology, 50(2):383–399.
- Lochner, L. and Monge-Naranjo, A. (2012). Credit Constraints in Education. Annual Review of Economics, 4(1):225–256.
- Maestas, N., Mullen, K. J., and Powell, D. (2017). The Value of Working Conditions in the United States and Implications for the Structure of Wages. page 89.
- Manski, C. F. (1992). Parental Income and College Opportunity. DSC Report Series.

◆□▶ ◆□▶ ◆三▶ ◆三▶ ショー ショク

- Manski, C. F. (2004). Measuring Expectations. Econometrica, 72(5):1329–1376. _eprint: https://onlinelibrary.wiley.com/doi/pdf/10.1111/j.1468-0262.2004.00537.x.
- Mas, A. and Pallais, A. (2017). Valuing Alternative Work Arrangements. American Economic Review, 107(12):3722–3759.
- Rothstein, J. and Rouse, C. E. (2011). Constrained after college: Student loans and early-career occupational choices. Journal of Public Economics, 95(1):149–163.
- Stinebrickner, T. R. and Stinebrickner, R. (2008). The Effect of Credit Constraints on the College Drop-Out Decision: A Direct Approach using a New Panel Study. American Economic Review, 98(5):2163–84.
- Wiswall and Zafar, B. (2015). Determinants of College Major Choice: Identification using an Information Experiment. *The Review of Economic Studies*, 82(2):791–824.
- Wiswall, M. and Zafar, B. (2018). Preference for the Workplace, Investment in Human Capital, and Gender*. The Quarterly Journal of Economics, 133(1):457–507.

Go back

イロト (母) (ヨト (ヨト) ヨヨ ののの

The prevalence of internships in EU countries



Fraction of EU residents aged 18-35 reporting to have concluded an internship, Eurobarometer 2013

The prevalence of extra-curricular internships in EU countries



Regulatory framework in the Italian setting

- **1997** Treu Law: internship contract defined as a period of training not equivalent to a job relationship
- 2007 Distinction between curricular and extra-curricular internships
- 2013 Introduction of a minimum compensation (€300/month)
- 2017 Homogenization of the maximum duration of internships to the EU standard of 12 months (with some exceptions)
- 2017-2019 Regional adoption of national guidelines, with some regions raising the minimum compensation above the national level

Main sources of data

- ▶ INPS, Comunicazioni Obbligatorie from 2007 to 2021
 - ⇒ Dataset reporting the universe of activations and terminations of contracts subject to compulsory communication
- ISTAT, Survey on graduates' integration into employment (Indagine sull'inserimento professionale dei laureati), 2015
 - ⇒ Detailed individual-level information on family background, university path and labor market outcomes 3 years after graduation (including internship experiences)

Propensity Score Matching results: wage and fraction working



Back

Extra-curricular internships and sorting by socioeconomic status

Future utility from contract j

$$\mathsf{EV}_{ij} = \sum_{t=\tau_i}^{\infty} \beta_g^t \left[\frac{\mathsf{w}_{tij}^{1-\rho_g}}{1-\rho_g} + \eta_g \mathsf{Pr}_i(I_t = 1|j) \right],$$

- w_{tij}: wage in period t conditional on choosing contract j today
- η_g: weight of the non-monetary component
 Back to model

Pr_i(I_τ = 1|j): probability of having an open-term contract in τ, the stability-related non monetary component considered in the analysis

Value of unemployment

Utility of being unemployed (i.e. of not accepting any offer), V_{iU} :

$$V_{iU} = \frac{1 - \beta_g^{\tau_U}}{1 - \beta_g} \left[\frac{b_i^{1 - \rho_g}}{1 - \rho_g} + \gamma_{iU} \right] + E V_{iU_{\tau_U}}$$

b_i: monetary benefit of unemployment (unemployment benefit or parental support)

• τ_U : duration of unemployment (time until next contract)

Contract types

Туре	Purpose	Firm size	Type code
lut-u-hin	Not	Medium-small	InS
	specified	Multinational firm	InB
internship	For hiring	Medium-small	IhS
	purposes	Multinational firm	IhB
		Medium-small	FS
Fixed-term job	-	Multinational firm	FB
Unemployment			U

ack to model 🔪

Back to mapping

Back to beliefs elicitation

Firm size and internships

(日)

→ < ∃→

Choice scenarios

Contract A	Contract B	Size A	Size B	Wage range A	Wage range B	γ_A	γ_B
Internship, No hiring purposes Fixed term	Internship, Hiring purposes Internship, Hiring purposes	Multinational Small-medium	Small-medium Multinational	€450-1000 €1000-1900	€450-1000 €450-1000	γ_{IBN} γ_{FS}	γ_{ISH} γ_{IBH}
Internship, Hiring purposes	Fixed term	Multinational	Small-medium	€450-1000	€1000-1800	γівн	γ_{FS}
Fixed term	Internship, No hiring purposes	Small-medium	Multinational	€1000-1900	€450-1000	γ_{FS}	γ_{IBN}
Internship, No hiring purposes	Fixed term	Multinational	Small-medium	€450-1000	€1000-1900	ΎIBN	γ_{FS}
Fixed term	Fixed term	Small-medium	Multinational	€1000-1900	€1100-2000	γ_{FS}	γ_{FB}
Internship, No hiring purposes	Fixed term	Small-medium	Small-medium	€450-1000	€1100-2000	γINS	γ_{FS}
Internship, No hiring purposes	Fixed term	Multinational	Multinational	€450-1000	€1100-2000	γ_{INB}	γ_{FB}

-2

イロト イヨト イヨト イヨト

Example of survey question on beliefs elicitation

Indica per ciascuno dei seguenti scenari il **reddito netto mensile** che ti aspetti di percepire all'età di 35 anni.

Considera qualsiasi forma di reddito, da lavoro, sussidi o investimenti.

0	1600	3200	4800	6400	8000

Se subito dopo la laurea hai lavorato (a tempo determinato) per 12 mesi in un'azienda medio-piccola

Se subito dopo la laurea hai fatto uno stage con prospettive di assunzione in un'azienda medio-piccola

Back to mapping Back to survey description

A 3 3 4 4

Information treatment screen





Back to mapping Back to survey description

Extra-curricular internships and sorting by socioeconomic status

Bank of Italy

◆□▶ ◆□▶ ◆三▶ ◆三▶ ◆□▼ ��

Interns-to-employees ratio by firm size



Bank of Italy

◆□▶ ◆□▶ ◆三▶ ◆三▶ ●□= ◇Qペ

Descriptive statistics for the sample and comparison with Almalaurea 2021

	Bocconi sample	Almalaurea: Economics
Female	0.50	0.51
High school final grade (out of 100)	93.3	80.5
High school type (%)		
Scientific	0.62	0.37
Classic	0.19	0.08
Technical	0.09	0.36
Vocational	0.00	0.02
At least one parent with university degree	0.68	0.29
Both parents with university degree	0.60	0.11

Future outcomes wrt benchmark of job contract in small firm

	Family income below €4000	Family income above €4000	Difference (p value)	
Internship in big firm				
Permanent contract at age 35	0.97 (0.15)	0.96 (0.16)	0.55	
Wage at age 35	1.04 (0.15)	1.03 (0.14)	0.37	
Permanent contract, short term	0.95 (0.43)	1.00 (0.45)	0.25	
Wage, short term	0.95 (0.23)	0.95 (0.21)	0.98	
Internship for hiring purposes				
Permanent contract at age 35	1.00 (0.13)	0.99 (0.13)	0.54	
Wage at age 35	1.02 (0.13)	1.01 (0.12)	0.17	
Permanent contract, short term	1.10 (0.44)	1.09 (0.41)	0.87	
Wage, short term	0.93 (0.19)	0.93 (0.17)	0.88	
Internship for hiring purposes in big firm				
Permanent contract at age 35	1.02 (0.15)	1.02 (0.15)	0.91	
Wage at age 35	1.09 (0.17)	1.07 (0.16)	0.40	
Permanent contract, short term	1.17 (0.61)	1.20 (0.57)	0.64	
Wage, short term	1.01 (0.24)	1.01 (0.21)	0.74	

Firm size and contract types Back

Relative belief improvement by treatment status

Relative improvement is defined as:

$$RI = \frac{|(y^{PRE} - y^{INFO})| - |(y^{POST} - y^{INFO})|}{y^{INFO}}$$

There is a significantly larger improvement for treated individuals for all outcomes, except for short-term probability of obtaining a permanent contract.

	Control group	Treated group	Difference (p value)
Probability of doing an internship	0.038 (0.70)	0.010 (0.68)	0.20
Permanent contract, short term, job Permanent contract, short term, internship Wage, short term, job Wage, short term, internship Permanent contract at age 35, job Permanent contract at age 35, internship Wage at age 35, job Wage at age 35, internship	-0.128 (0.51) -0.228 (0.71) -0.050 (0.35) -0.039 (0.35) 0.010 (0.34) 0.010 (0.59) 0.008 (0.36) 0.014 (0.41)	-0.122 (0.59) -0.196 (0.68) -0.024 (0.35) 0.001 (0.30) 0.066 (0.44) 0.068 (0.72) 0.077 (0.48) 0.065 (0.44)	0.75 0.15 0.02 0.00 0.00 0.01 0.01 0.00 0.00

Back

・ロト (個) (目) (日) (日) (日) (日)

Intended take-up of internships by socioeconomic status and course type

	Family income below €4000	Family income above €4000	Difference (p value)
Undergraduate students			
Internship	34.09 (14.44)	33.43 (14.39)	0.67
Internship in big firm	27.52 (14.19)	27.04 (13.85)	0.76
Internship with hiring purposes	16.93 (6.98)	16.44 (6.81)	0.51
Internship with hiring purposes in big firm	12.28 (6.67)	11.84 (6.34)	0.53
Unemployment	9.08 (15.59)	8.60 (14.53)	0.77
Master's students			
Internship	34.97 (13.64)	34.54 (13.49)	0.85
Internship in big firm	28.71 (13.23)	27.75 (12.58)	0.65
Internship with hiring purposes	18.73 (7.74)	16.07 (6.51)	0.02
Internship with hiring purposes in big firm	14.05 (7.32)	11.44 (5.62)	0.01
Unemployment	8.84 (14.84)	9.51 (14.90)	0.79

Back

Extra-curricular internships and sorting by socioeconomic status

What matters for choice

Back

	Probability of option A versus B
Wage	31.95***
-	(3.38)
Wage * High SES	-5.74
	(4.16)
Firm size	21.01***
	(1.81)
Firm size * High SES	-1.47
	(2.31)
Short-term wages	0.07***
	(0.00)
Short-term wages * High SES	-0.06***
	(0.01)
Short-term permanent contract	19.67**
	(7.83)
Short-term permanent contract * High SES	3.06
	(10.32)
Long-term wages	-0.01***
	(0.00)
Long-term wages * High SES	0.04***
	(0.01)
Long-term permanent contract	12.39
	(12.60)
Long-term permanent contract * High SES	27.92
	(17.27)
Observations	3880
R^2	0.28

Extra-curricular internships and sorting by socioeconomic status

Structural parameter estimates by subsample

	Family income below €4000	Family income above €4000	Difference (p value)
β	0.32 (0.22)	0.30 (0.25)	0.17
η	0.00 (0.00)	3.84 (4.53)	0.00
ρ	5.34 (3.92)	5.46 (4.12)	0.60

Parameter estimates for the time discount factor β , the risk aversion parameter ρ and the weight for the non-pecuniary component η . The estimation is performed using through a non-linear least squares procedure. Bounds are set for the variables, with the lower bound at 10^{-9} and the upper bound at 10. Standard error in parentheses are based on 500 sample bootstraps.

Monetary value of unemployment



Back

Bank of Italy

◆□▶ ◆□▶ ◆三▶ ◆三▶ ◆□▼ ��