Frustration and Personal Motivation EEA-ESEM Rotterdam 2024

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## Life is full of failures

- People fail a lot
- Exams, academic research, job search, entrepreneurship, political endeavours...

# Motivation

## Life is full of failures

- People fail a lot
- Exams, academic research, job search, entrepreneurship, political endeavours...

### Reactions to failures are important

- Grit and success (Duckworth & Quinn, 2009)
- Dynamic choice under risk/uncertainty
- **Important for**: Finance, contract theory, labour economics, political economics etc...

## Heterogeneous effects on future investment

(Heath 1995), (Shiev et al. 2006), (Malmendier and Nagel 2011), (Andrade & Iyer 2009), (Augenblick 2016), (Guiso et al. 2018),(Weigel 2018), (Nielsen 2019), (Dalmia & Filiz-Ozbay 2021), (Negrini, Riedl & Wibral 2022)

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#### Standard economic explanations

 $\Delta$  Belief  $\Delta$  Wealth  $\Delta$  Experience (Learning-by-doing)

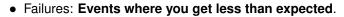
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- These events trigger many emotions:
  - Anger (Berkowitz 1989, Aina et al. 2020),
  - Sadness (Crossman et. al 2009),
  - Helplessness (Wortman et al. 1975, Klinger 1975),
  - Guilt and fear (Hareli et al. 2005).



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• Event Based Approach: I use frustration as an umbrella term.



Failures trigger negative emotions:

• Frustration creates "a pang of disutility".

Frustration triggers appraisal tendencies (Lerner 2001):

• Influences the preference for choices at hand.

# This contribution's approach

Impact of emotions on utility IP
Failures trigger negative emotions:
Frustration creates "a pang of disutility".
Frustration triggers appraisal tendencies (Lerner 2001):
Influences the preference for choices at hand.

#### Emotions are dynamic processes

Two novel principles in economics:

- Frustration accumulates: ↑ when new frustrating events, decays with time (Heylen 2015, Wälde 2018).
- Success brings emotional relief (Goldberg et al., 1999; Han et al., 2007).

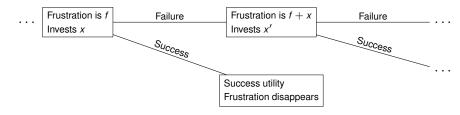
## Part 1: Theory

• Quick preview of the theoretical machinery: the case of appraisal tendencies and frustration.

Part 2: Empirics

• Frustration's effect on pitchers in Major League Baseball.

# Gist of the framework



Agent invests resource  $x_t$  in a project at cost  $c(x_t)$ . Success is given by a Poisson law of mean  $\pi$ . The agent incurs an emotional cost of v(f)

### Success $\pi$

- Success utility  $u(x_t, f_t)$ .
- Appraisal effect of frustration: u<sub>xf</sub> ≤ 0.
- All future utilities equal 0.

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Failure

• Frustration changes:

$$\dot{f}_t = x_t - \delta f_t$$

$$\delta \in (0,1)$$

# Appraisal effects and emotional cost: the model

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### **Expected Utility**

$$U(x_t, f_t) = \pi \cdot u(x_t, f_t) - v(f_t) - c(x_t)$$

$$V(f_0) = \max_{x_t} \int_0^\infty e^{-(\rho+\pi)t} U(x_t, f_t) dt$$
$$\dot{f}_t = x_t - \delta f_t$$
$$f_0 \text{ given}$$

- An increase in f leads to an increase (decrease) in investment provision x if and only if Ω<sup>\*</sup><sub>A</sub> < (>)0,
- The system exhibits saddle path stability as long as Ω<sup>\*</sup><sub>A</sub> > −δ(r + δ).

$$\Omega_{\mathcal{A}}^* = \frac{1}{U_{xx}^*} (U_{ff}^* + (\pi + \rho + 2\delta)U_{xf}^*)$$

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$$\Omega_{A}^{*} = \frac{1}{U_{xx}^{*}} (\underbrace{U_{ff}^{*}}_{\text{Long-term Emotional Cost}} + (\pi + \rho + 2\delta)U_{xf}^{*})$$

- Major League Baseball pitch-by-pitch data for 2010-2019,
- 2132 pitchers,
- More than 7 200 000 observations (pitches) after cleaning,
- Detailed information about pitcher, batter, game, team, type of pitch, pitch speed, trajectory etc..

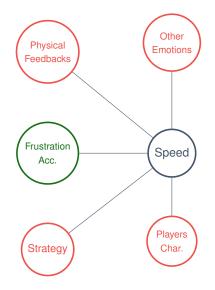
# **Empirics**

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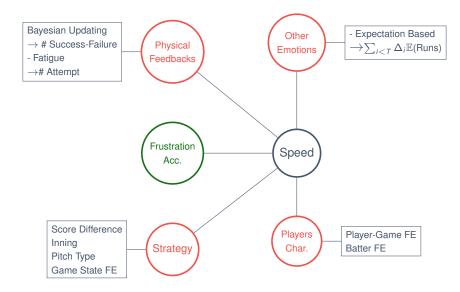
- Pitchers should have an optimal speed for each type of pitch.
- What is the effect of frustration on pitches' speed?

- Hypothesis 1: Frustration affects the speed of pitches.
- Hypothesis 2: Frustration has a temporal effect

# Possible confounders

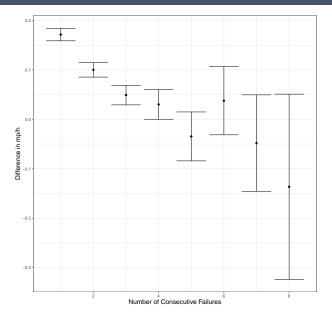


# Possible confounders



- Failure: any pitch outcome that increases the expected number of runs (points) the other team can do.
- Frustration :
  - increases by the difference in 𝔅(Runs) before and after the pitch in case of failure,
  - goes to 0 if no failure during the previous pitch.

# Temporal Effect of Frustration



### Today

Characterise the trade-off frustration create on investment:

- Emotional cost ↓,
- Appraisal tendencies  $\downarrow / \uparrow$ .

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Empirics with Major League Baseball Data:

- Show frustration increases the speed of pitches,
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Empirics with Major League Baseball Data:

- Show frustration increases the speed of pitches,
- Has a temporal effect and decays,

Any remarks or papers to read: clstr@protonmail.com.

## Appendix: Effect of speed on success probability

Release Speed	1.87 · 10 <sup>-3***</sup>	1.87 · 10 <sup>-3***</sup>
	$(3.00 \cdot 10^{-4})$	$(1.07 \cdot 10^{-4})$
$\sum$ Failures	1.87 · 10 <sup>-2***</sup>	1.87 · 10 <sup>-2***</sup>
	$(5.84 \cdot 10^{-4})$	$(1.90 \cdot 10^{-4})$
$\sum$ Successes	-1.74 · 10 <sup>-2***</sup>	$-1.74 \cdot 10^{-2^{***}}$
	$(5.14 \cdot 10^{-4})$	$(1.70 \cdot 10^{-4})$
Attempt	6.35 · 10 <sup>−3***</sup>	6.35 ⋅ 10 <sup>−3***</sup>
	$(8.69 \cdot 10^{-5})$	$(5.67 \cdot 10^{-5})$
$\Delta$ Exp.	$-1.23 \cdot 10^{-2^{***}}$	$-1.23 \cdot 10^{-2^{***}}$
	$(6.95 \cdot 10^{-4})$	$(5.70 \cdot 10^{-4})$
$\Delta$ Score	$-4.25 \cdot 10^{-3^{***}}$	$-4.25 \cdot 10^{-3^{***}}$
	$(2.46 \cdot 10^{-4})$	$(2.38 \cdot 10^{-4})$
Cluster	Pitcher level	Game level
Num. obs.	7230669	7230669
Adj. R <sup>2</sup>	0.03	0.03
Pitcher Type FE	×	×
Game State	×	×
$Player \times Game \; FE$	×	×
Batter FE	×	×
Inning FF	×	×

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- More than 50 % of European businesses failed before their fifth birthday (Eurostat 2012).
- Product market failure: 35-45% (Boulding 1997).
- QJE acceptance rate: 3% (DellaVigna and Card 2013)

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### Emotion

- What might be: Regret (Loomes et al. 1982), Disappointment (Gul 1991), Anxiety (Caplin et al. 2001), Craving (Laibson 2001), Reference Dependent loss aversion (Köszegi & Rabin, 2009).
- What is: Stress (Wälde 2018)

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### Building blocks of the model

• Visceral factors (Loewenstein 1996)

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# Literature review

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#### Building blocks of the model

- Visceral factors (Loewenstein 1996)
- Frustration, aggression and anger: (Battigalli, Dufwenberg & Smith, 2019)