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Shadow-Rate VARs

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VARs are popular for forecasting and structural analysis, but ill-suited
to handle occasionally binding constraints, like the effective lower

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bound on nominal interest rates. We extend the VAR framework by modeling interest rates as censored observations of a latent shadow-rate process, and propose an efficient sampler for Bayesian estimation of such “shadow-rate VARs.” We find benefits to including both actual and shadow rates serve as explanatory variables. Historical shadow-rate estimates indicate that the FOMC would have set the funds rate much lower than it could during recent ELB episodes. In historical forecast accuracy, when compared to a standard VAR, shadow-rate VARs generate superior predictions for interest rates and deliver some gains for macroeconomic variables. Our structural analysis of shocks to financial conditions show strong differences in the reaction of interest rates depending on whether the ELB binds or not, with implications for the response of economic activity to the shocks.

KEYWORDS. Macroeconomic forecasting, effective lower bound, term structure, censored observations.
JEL CLASSIFICATION. C34, E17, E43.

1. INTRODUCTION

Linear vector autoregressions (VARs), popular models for forecasting and structural analysis, typically include shorter- and longer-term interest rates due to their importance for macroeconomic forecasting and structural analysis. However, in a number of economies, shorter-term interest rates have been stuck for years at or near their effective lower bound (ELB), with longer-term rates drifting toward the constraint as well. In such an environment, linear econometric models that ignore the ELB constraint on nominal interest rates can be problematic along various dimensions.

For concreteness, we consider the case of the US, where the Federal Open Market Committee (FOMC) has set the target range for the federal funds rate no lower than 0-25 basis points. The Committee maintained this target range over the seven-year stretch from December 2008 through December 2015, after the Great Recession, and again maintained this target range from mid-2020 through mid-March 2022, in response to the recession triggered by the COVID-19 pandemic.

1 Considering other economies, the ELB may even be a bit below zero, with several 1
2 central banks pursuing so-called negative interest rate policies (NIRP), albeit still 2
3 at levels close to zero.¹ Consistent with the existence of an ELB (albeit some at a 3
4 non-positive level), policy rates observed under NIRP appear so far constrained 4
5 to not fall much below zero; see, for example, estimates obtained for the Euro 5
6 area by [Wu and Xia \(2020\)](#). 6

7 In such an environment, a fundamental challenge for econometric models is to 7
8 appropriately capture the existence of an ELB on interest rates and the resulting 8
9 asymmetries in predictive densities and impulse response functions not only for 9
10 interest rates, but also likely for other economic variables. At a mechanical level, 10
11 the existence of an ELB calls for treating nominal interest rates as variables whose 11
12 observations are constrained not to fall below the lower bound.² 12

13 So far the literature has discussed a number of potential remedies to ELB com- 13
14 plications. [Swanson and Williams \(2014\)](#) have argued that it may be sufficient 14
15 to track longer-term nominal interest rates, as long as their dynamics have re- 15
16 mained unaffected by a binding ELB on shorter-term rates, and this has been 16
17 done by, for example, [Crump et al. \(2021\)](#), [Debortoli et al. \(2019\)](#), and [Rogers 17](#)
18 [et al. \(2018\)](#). However, by 2020, even 10-year US Treasury yields had fallen be- 18
19 low 1 percent, with 5-year yields hovering just above 25 basis points. In contrast, 19
20

21 ¹For example, the Swiss National Bank targeted a level of -75 basis points for its policy rate until 21
22 mid-June 2022, while the European Central Bank maintained a deposit rate of -50 basis points from 22
23 September 2019 (which was the culmination of a series of steps starting in December 2011 to gradu- 23
24 ally lower the rate from 25 basis points) through July 2022. The repo (now policy) rate of the Swedish 24
25 Riksbank was at or below 25 basis points from October 2014 through June 2022 (bottoming out at -50 25
26 basis points from February 2016 to January 2019, and remaining at 0 through late April 2022). One of 26
27 the most extensive episodes of monetary policy near the ELB has occurred in Japan, where policy 27
rates have been near zero since 2008, with the current policy rate at -10 basis points since 2016.

28 ²For example, [Bäurle et al. \(2020\)](#), [Iwata and Wu \(2006\)](#), and [Nakajima \(2011\)](#) have modeled the 28
29 nominal interest rate as a censored (or bounded) variable in VAR systems featuring only lagged actual 29
30 (but not shadow) rates on the right-hand side of equations for interest rates and other economic 30
31 variables. Relatedly, [Chan and Strachan \(2014\)](#) model nominal rates as bounded processes. Under 31
32 either of these approaches, nominal interest rates and other variables respond to lags of the actual 31
interest rate but not the underlying (and unconstrained) shadow rate. 32

1 the finance literature has derived important implications of the ELB for the entire 1
2 term structure of interest rates. Following the seminal work of [Black \(1995\)](#), the 2
3 term structure literature views the ELB as a censoring constraint on nominal in- 3
4 terest rates (as we do), from which no-arbitrage restrictions are derived for yields 4
5 of all maturities (which we do not). The resulting restrictions are, however, non- 5
6 trivial and have mostly been implemented for models with state dynamics that 6
7 are affine, homoskedastic, and time-invariant; see, for example, [Bauer and Rude- 7
8 busch \(2016\)](#), [Christensen and Rudebusch \(2012, 2015, 2016\)](#), [Krippner \(2015\)](#), 8
9 and [Wu and Xia \(2016\)](#). 9

10 An upshot of the term structure literature is the availability of shadow-rate esti- 10
11 mates, such as those regularly updated by [Krippner \(2013, 2015\)](#) and [Wu and Xia 11
12 \(2016\)](#). Their availability has led some researchers to avoid dealing with censor- 12
13 ing by taking a shortcut of plugging these shadow-rate estimates in as data for the 13
14 nominal short-term interest rate during an ELB episode. While convenient, this 14
15 plug-in approach risks a generated regressor problem that could be substantial, 15
16 as documented by, for example, [Krippner \(2020\)](#). [Mavroeidis \(2021\)](#) notes that a 16
17 plug-in approach rules out consistent estimation and valid inference with a VAR, 17
18 due to estimation error in the shadow rate that is often highly autocorrelated and 18
19 not asymptotically negligible. Indeed, as documented in an earlier working paper 19
20 version of this manuscript ([Carriero et al., 2023](#)), such plug-in VARs also generate 20
21 inferior out-of-sample forecasts compared to the approach proposed here. More 21
22 broadly, shadow-rate estimates are model-specific objects, fitted to best capture 22
23 the dynamics of observed data through the lens of the model, and can be quite 23
24 sensitive to model choices ([Christensen and Rudebusch \(2015\)](#), [Krippner \(2020\)](#)). 24
25 An obvious remedy to these considerations is to integrate the shadow-rate infer- 25
26 ence into the model used for forecasting and structural analysis, as we do here. 26

27 In this paper, we develop shadow-rate approaches for accommodating the ELB 27
28 in commonly-used macroeconomic VARs. We illustrate the use of shadow-rate 28
29 VARs for characterizing monetary policy in ELB episodes and conducting struc- 29
30 tural analysis, and we assess their benefits in forecasting macroeconomic and 30
31 financial variables in US data. To handle the ELB on interest rates, we model 31
32 observed rates as censored observations of a latent shadow-rates process in an 32

1 otherwise standard VAR setup. The shadow rates are assumed to be equal to ob- 1
2 served rates when above the ELB. Throughout, our analysis takes the level of the 2
3 ELB as given, as it appears reasonable to abstract from uncertainty about its level 3
4 (or even drift therein) in the context of the US.³ 4

5 Specifically, we consider two specifications. In the “fully-hybrid shadow-rate 5
6 VAR,” lags of shadow and actual rates enter all VAR equations. Thus, in this case, 6
7 macroeconomic indicators and shadow rates can respond to lags of shadow and 7
8 actual interest rates. In the spirit of the structural VAR developed in [Mavroeidis](#) 8
9 [\(2021\)](#), the model allows intercepts and dynamics of all variables to be differ- 9
10 ent when at the ELB than when away. In contrast, the “block-hybrid shadow-rate 10
11 VAR” imposes certain block zero restrictions so that shadow and actual interest 11
12 rates do not appear jointly in a given VAR equation, and ELB effects propagate 12
13 more selectively. The distinction between the models is motivated by the fol- 13
14 lowing: For observations when the ELB is not binding, actual and shadow rates 14
15 are perfectly collinear, and their roles can only be distinguished and identified 15
16 with ELB data. The (yet) limited experience with ELB data thus poses a challenge 16
17 for generating reliable out-of-sample forecasts when actual and shadow rates are 17
18 jointly included as regressors in each VAR equation. In the block-hybrid shadow- 18
19 rate VAR, in equations for macroeconomic variables, only lagged actual rates ap- 19
20 pear on the right-hand side, and in the equations for shadow rates, only shadow 20
21 rates appear on the right-hand side. These restrictions are motivated by the idea 21
22 that spending and investment decisions should be conditioned on actual inter- 22
23 est rates. In contrast, having lagged shadow rates in the interest rate block of the 23
24 VAR helps to capture lower-for-longer or make-up elements in the conduct of 24
25 monetary policy when forming expectations about future interest rates. Through 25
26 the effects of lagged actual rates on macroeconomic variables, the block-hybrid 26
27 specification still features some, albeit more limited, ELB effects on the VAR’s 27
28 dynamics. Empirically, the block-hybrid model generates shadow rate estimates 28

29 ³In our empirical application on US data, we consider the ELB to have a known value of 25 basis 29
30 points, consistent with other studies, such as [Bauer and Rudebusch \(2016\)](#), [Johannsen and Mertens](#) 30
31 [\(2021\)](#), and [Wu and Xia \(2016\)](#). The supplementary online appendix documents the robustness of our 31
32 main findings to using a value of 12.5 basis points instead. 32

1 and structural inferences similar to those obtained with the full hybrid model, 1
2 while providing more reliable forecasts. 2

3 Our approach extends the unobserved components model of [Johannsen and](#) 3
4 [Mertens \(2021\)](#) to the general VAR setting. In their setting, the censoring of ac- 4
5 tual rates affected the model's measurement equation, but not its state dynam- 5
6 ics. In contrast, by including actual rates as VAR regressors, the state dynamics of 6
7 our models are also affected by the ELB. Moreover, we develop a computation- 7
8 ally more efficient shadow-rate sampling algorithm to be able to estimate larger 8
9 models. In particular, we use a Gibbs sampling procedure, which is embedded in 9
10 a Markov chain Monte Carlo (MCMC) sampler, to generate posterior draws from 10
11 the latent shadow-rate process. Drawing directly from the truncated posterior 11
12 makes the procedure computationally efficient, and using QR methods to con- 12
13 struct positive definite second-moment matrices makes the procedure numeri- 13
14 cally reliable. We apply our shadow-rate approaches to a medium-scale Bayesian 14
15 VAR (BVAR) for 15-20 US macroeconomic and financial variables, with stochastic 15
16 volatility, which has been shown to generate competitive forecasts when ignoring 16
17 the ELB (e.g., [Carriero et al. \(2019\)](#)). Critically, we also demonstrate how to han- 17
18 dle data in which the ELB binds for multiple interest rate instruments of different 18
19 maturities. 19

20 We begin by using our shadow-rate VAR formulations to illustrate the conse- 20
21 quences of the ELB constraint for monetary policy in the US since 2009. On the 21
22 one hand, the FOMC's setting of the federal funds rate was constrained by the 22
23 ELB; it could not set the rate as low as it would have based on historical relation- 23
24 ships among macroeconomic and financial indicators and interest rates. On the 24
25 other hand, the FOMC used forward guidance and large-scale asset purchases to 25
26 try to lower interest rates at longer maturities to mitigate the ELB constraint's im- 26
27 pact and provide monetary accommodation. Still, even taking account of these 27
28 actions, the FOMC may have set a funds rate below the ELB had that been pos- 28
29 sible. Taking on board observed data and the historical comovement of interest 29
30 rates with a range of macroeconomic indicators, our shadow-rate models can be 30
31 used to describe what the path for the federal funds rate would have been during 31
32 these episodes in the absence of the ELB. 32

1 We first consider a 15-variable specification with a range of macroeconomic in- 1
2 dicators and the federal funds rate as the only interest rate. We obtain a shadow 2
3 rate estimate that turns significantly negative (how negative varies across the 3
4 fully-hybrid and block-hybrid models) following the Great Financial Crisis (GFC) 4
5 and the outbreak of the COVID-19 pandemic. These estimates imply that, based 5
6 on macroeconomic conditions and historical relationships, the FOMC would 6
7 have set the funds rate much lower than it could. We then extend the VAR to in- 7
8 clude additional interest rates — the 6-month Treasury bill rate and yields for 8
9 several other bond maturities.⁴ The inclusion of term structure information (be- 9
10 yond a measure of the short-term policy rate) turns out to importantly influence 10
11 estimated shadow rates, especially in the block-hybrid model. The inclusion of 11
12 interest rates other than the federal funds rate generates less negative shadow 12
13 rates, representing less outsized expectations of monetary stimulus (through the 13
14 federal funds rate) in response to the GFC. Bond yields and other financial indi- 14
15 cators such as stock prices allow the shadow-rate VARs to capture the effects of 15
16 asset purchases and forward guidance regarding the path of policy rates. Taking 16
17 account of these unconventional policy actions, our model estimates indicate 17
18 that the FOMC's setting of the funds rate was significantly constrained by the 18
19 ELB in these episodes, but by less than estimates that are not directly informed 19
20 by other interest rates. 20

21 Having used our shadow-rate VARs to characterize policy in past ELB episodes, 21
22 we turn to examining possible benefits in macroeconomic forecasting. In our 22
23 discussion, we focus on the 20 variable specification because inclusion of these 23
24 longer-term yields improves forecast accuracy. In out-of-sample simulations 24
25 for the US since 2009, interest rate forecasts obtained from our block-hybrid 25
26 shadow-rate VAR are clearly superior, in terms of both point and density accu- 26
27 racy, when compared to predictions from a standard VAR that ignores the ELB. 27
28 For measures of economic activity and inflation, forecasts from the block-hybrid 28

29 ⁴Specifically, we include maturities ranging from the daily federal funds rate to 10-year Treasury 29
30 yields and the yield on BAA-rated corporate bonds with maturities of at least 20 years. Other empirical 30
31 studies that use medium- and longer-term yields include [Crump et al. \(2021\)](#), who omit the federal 31
32 funds rate to obviate the ELB problem, and [Jones et al. \(2022\)](#) and [Kulish et al. \(2017\)](#). 32

1 shadow-rate VAR are broadly on par with those from a standard VAR that ig- 1
2 nores the ELB, although with some advantages for a few variables. Moreover, 2
3 as shown in our supplementary online appendix, when conditioned on interest 3
4 rates of shorter- and longer-term maturities, our shadow-rate VARs considerably 4
5 improve upon forecasts for macroeconomic variables obtained from a linear VAR 5
6 that simply omits short-term interest rates to avoid ELB issues. 6

7 We also apply our block-hybrid shadow-rate VAR to structural analysis, exam- 7
8 ining the impacts of shocks to financial conditions. Generally defined, impulse 8
9 responses measure a change in forecasts prompted by a specific shock. Thus, 9
10 a good forecasting model is needed to properly measure impulse responses, 10
11 and with interest rates affected by the ELB constraint, our shadow-rate VARs 11
12 are promising candidates for this analysis. When the economy is near the ELB, 12
13 the constraint on interest rates can affect the responses of macroeconomic vari- 13
14 ables to the identified shock, as interest rates will decline less than they would 14
15 in the absence of the constraint, which in turn feeds into the macroeconomic 15
16 projections of our hybrid shadow-rate VAR. Similar to [Guerrón-Quintana et al.](#) 16
17 (2023), we compute non-linear impulses responses (IRFs) as in [Goncalves et al.](#) 17
18 (2021, 2023). The IRF approach builds on [Koop et al. \(1996\)](#) and [Hayashi and](#) 18
19 [Koeda \(2019\)](#), and compares a baseline forecast (where the shock does not oc- 19
20 cur) against an alternative forecast that is affected by the identified shock. Both 20
21 forecasts reflect the non-linearities of our model, so that the estimated responses 21
22 reflect any endogenous changes in the extent to which the ELB constraint binds 22
23 due to the identified shock. The financial conditions shock is measured by the 23
24 excess bond premium (EBP) of [Gilchrist and Zakrajšek \(2012\)](#), incorporated as an 24
25 additional variable in our hybrid shadow-rate VAR. We compare responses for a 25
26 shock origin of December 2006, when interest rates were far away from the ELB, 26
27 to responses for a shock origin of December 2012, when short-term rates were 27
28 at the ELB. According to our estimates, ELB constraints temper the decline of in- 28
29 terest rates that normally occurs when the ELB does not bind, in turn yielding 29
30 a sharper decline of economic activity and stock prices. A similar pattern is ob- 30
31 tained when comparing estimated responses from a model entirely ignoring the 31
32 ELB to those from our model accounting for the ELB binding when the shock hits. 32

Overall, our shadow-rate specifications successfully address the ELB, which drastically improves interest rate forecasts (compared to a model that ignores the ELB), while preserving (and even marginally improving upon) the standard VAR's ability to forecast a range of other variables. In this respect, our proposed approaches could be seen as helpful tools for preserving the practical value of VARs for forecasting in the presence of the ELB. In practical settings, presented with forecasts from standard VARs in which interest rates fall below the ELB, consumers of forecasts could question the reliability or plausibility of the forecasts of the other variables of interest. Forecasts of macroeconomic variables from shadow-rate VARs that obey the ELB could be seen as more coherent and therefore practically useful even if their historical accuracy were no greater than that achieved by a standard VAR ignoring the ELB. Our specifications can also be used to characterize monetary policy when constrained by the ELB and to conduct structural analysis, to capture, for example, the effects of shocks to financial conditions while ensuring the estimated responses obey lower bound constraints on interest rates.

The remainder of this paper is structured as follows. Section 2 relates our paper to other contributions regarding the modeling of the ELB and its consequences. Section 3 describes the modeling and estimation of our shadow-rate VARs. Section 4 details the data used in our empirical application. Section 5 presents shadow rate estimates and discusses implications for the characterization of policy in ELB episodes. Section 6 provides the forecast evaluation, and Section 7 illustrates the use of our hybrid model for structural analysis. Section 8 concludes. A supplementary online appendix provides technical details on our estimation procedure and additional empirical results. (An even more extensive set of additional results can be found in an earlier working paper version of this manuscript (Carriero et al., 2023).)

2. RELATED LITERATURE

In this section we relate our approach to other shadow-rate work. There is a term structure literature on shadow-rate models, with which we share the approach

1 of modeling nominal interest rates as censored variables. But we do not enforce 1
2 any specific no-arbitrage (or other structural) restrictions. As such, our approach 2
3 is part of the literature that uses VARs to derive forecasts and expectational errors 3
4 of financial and economic variables without imposing the restrictions of a spe- 4
5 cific structural model (such as an affine term structure or DSGE model). Should 5
6 the data satisfy such restrictions, they will also be embodied in estimates de- 6
7 rived from a more generic reduced-form model. The potential loss in the effi- 7
8 ciency of forecasts that do not explicitly enforce such restrictions can be offset 8
9 by a gain in robustness obtained from not imposing restrictions that are false. 9
10 In fact, as argued by [Joslin et al. \(2013\)](#), the possible gains for forecasting from 10
11 imposing restrictions from the true term structure model may be small. More- 11
12 over, as in [Johannsen and Mertens \(2021\)](#), economic forecasters may be inter- 12
13 ested in using time series models that allow for features, such as time-varying 13
14 parameters and stochastic volatilities, that may be harder to embed in a formal 14
15 no-arbitrage model.⁵ While the VAR framework shuns restrictions specific to a 15
16 particular structural model, it is, of course, well suited to inference on the eco- 16
17 nomic responses to structurally identified shocks. In this vein, we also extend 17
18 our shadow-rate approach to structural VAR analysis as discussed below. 18

19 In the context of DSGE models, [Sims and Wu \(2021\)](#) show that asset purchase 19
20 programs can be analogous to large reductions in the federal funds rate, and 20
21 that asset purchases provided about as much stimulus during the Great Reces- 21
22 sion as a decline in the policy rate commensurate with the fall in shadow rate 22
23 estimates such as in [Wu and Xia \(2016\)](#). In particular, [Wu and Zhang \(2019\)](#) de- 23
24 rive conditions in which alternative policies can circumvent the ELB such that 24
25 the economy retains a linear representation with a shadow rate capturing the ef- 25
26 fects of policy. Moreover, [Wu and Zhang \(2019\)](#) provide references to empirical 26

27 _____ 27
28 ⁵[Johannsen and Mertens \(2021\)](#) provide an out-of-sample forecast evaluation for short- and long- 28
29 term nominal interest rates in a model smaller than our VARs, and find their unobserved components 29
30 shadow-rate model to be competitive with the no-arbitrage model of [Wu and Xia \(2016\)](#), but do not 30
31 consider forecasts of other variables. [Gonzalez-Astudillo and Laforte \(2020\)](#) embed a shadow-rate 31
32 model in an unobserved components model and report improved point forecasts for economic and 32
financial variables from the shadow-rate approach.

1 work that has concluded that conventional and unconventional monetary poli- 1
2 cies work in a similar fashion. Relatedly, [Guerrón-Quintana et al. \(2023\)](#) study 2
3 non-linear dynamic factor models. When applied to a shadow-rate model for the 3
4 term structure of interest rates, they find “little evidence of nonlinearities in the 4
5 factor dynamics” (as opposed to non-linearities in the censored measurement 5
6 equation), which is consistent with the VAR representation used in our paper. 6
7 Several DSGE models formulate monetary policy in terms of censored prescrip- 7
8 tions from a policy rule for shadow rates as in [Ikeda et al. \(2023\)](#), [Aruoba et al.](#) 8
9 [\(2021\)](#), [Gust et al. \(2017\)](#), [Jones et al. \(2022\)](#), and [Kulish et al. \(2017\)](#).⁶ In this spirit, 9
10 our shadow-rate VARs combine actual and shadow interest rates in their state dy- 10
11 namics, in reduced forms that combine elements of the “censored” and “kinked” 11
12 VAR of [Mavroeidis \(2021\)](#).⁷ 12

13 In the context of structural VAR models (SVARs), [Ikeda et al. \(2023\)](#), [Aruoba](#) 13
14 [et al. \(2022\)](#) and [Mavroeidis \(2021\)](#) study shadow-rate approaches to identify 14
15 and estimate impulse responses to monetary policy shocks. We differ from these 15
16 SVAR studies in focusing on the implementation of shadow-rate approaches in a 16
17 medium-scale Bayesian VAR (with stochastic volatility), and we evaluate its ap- 17
18 plication to forecasting and structural analysis. Our structural analysis conditions 18
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24 ⁶The shadow-rate estimates of [Aruoba et al. \(2022\)](#), [Gust et al. \(2017\)](#), reflect data on real activity, in- 24
25 flation, and a short-term interest; in addition to those variables, [Ikeda et al. \(2023\)](#), [Jones et al. \(2022\)](#), 25
26 and [Kulish et al. \(2017\)](#) include also a medium- or long-term interest rate. 26

27 ⁷Our shadow-rate specifications assign a role to lagged shadow rates to serve as predictors of future 27
28 outcomes, which is also in keeping with some of the policy-rule specifications in DSGE models such 28
29 as [Gust et al. \(2017\)](#). In contrast, [Aruoba et al. \(2022\)](#) limit attention to settings where VAR forecasts 29
30 depend on lagged actual rates, but not lagged shadow rates. In [Aruoba et al. \(2022\)](#), the shadow rate 30
31 arises only contemporaneously when the VAR vector is shocked. Similarly, [Berg \(2017\)](#), [Chan and Stra-](#) 31
32 [chan \(2014\)](#), and [Iwata and Wu \(2006\)](#) consider only censoring of the VAR’s left-hand side variables, 32
without tracking the underlying, uncensored shadow rate as a potential predictor.

on the proximity of interest rates of different maturities to the ELB with the non-linear impulse response methods of [Goncalves et al. \(2021, 2023\)](#) to capture relevant state dependencies in the economic responses to structural shocks. Moreover, our structural analysis considers shocks to financial conditions, as measured by the excess bond premium of [Gilchrist and Zakrajšek \(2012\)](#), and the results are consistent with the predictions of [Gilchrist et al. \(2017\)](#).

Importantly, in common with [Aruoba et al. \(2022\)](#) and [Mavroeidis \(2021\)](#), we jointly estimate latent shadow rates and structural impulses within one coherent model. [Krippner \(2020\)](#) provides a critical review of plug-in approaches that estimate conventional impulse responses from VARs that condition on external shadow-rate estimates as data inputs.

3. SHADOW-RATE VARs

This section contrasts our shadow-rate approaches with a standard VAR. Throughout, we take the value of the lower bound, denoted ELB , as a given and known constant. Our model considers a vector of interest rates to which the ELB applies. For brevity, we use the singular to refer to “the” nominal interest rate, i_t , and its associated shadow rate, s_t , while both i_t and s_t will generally be vectors of length $N_i = N_s$. A central element of our approach is to relate actual and shadow rates via a censoring equation known from [Black \(1995\)](#):

$$i_t = \max(ELB, s_t), \quad (1)$$

where the censoring of the shadow-rate vector s_t is element-wise. As in the no-arbitrage term structure literature (surveyed in Section 1), the censoring function (1) implies that the shadow rate is observed and equal to the actual interest rate when the latter is above the ELB.⁸ When the ELB is binding, so that $i_t = ELB$, the shadow rate is a latent variable that can only take values below (or equal to)

⁸The property that the shadow rate is identical to the actual rate when above the ELB makes our approach based on [Black \(1995\)](#) distinct from others, like [Choi et al. \(2022\)](#), [Doh and Choi \(2016\)](#), and [Lombardi and Zhu \(2018\)](#), who define the shadow rate more broadly as a common factor of interest rates and possibly other variables intended to capture monetary policy.

1 *ELB*, which will inform inference about s_t . In the data, at a given point in time, 1
 2 the *ELB* may be binding for none, some, or all interest rate measures included in 2
 3 i_t . 3

4 In principle, our model pairs each interest rate measure with a separate shadow 4
 5 rate. However, the distinction between actual and shadow rates matters only for 5
 6 those measures for which the *ELB* has actually been binding in the data.⁹ In the 6
 7 baseline specification of our empirical application, we include a total of $N_i = 6$ in- 7
 8 terest rates, covering shorter- and longer-term maturities, out of which the *ELB* 8
 9 has been binding for up to three measures in our data set.¹⁰ In another specifi- 9
 10 cation we consider, the model includes only the federal funds rate (and a single 10
 11 shadow rate). 11

12 3.1 Standard linear VAR 12

13 Before turning to our VAR-based specification of a process for s_t , we first describe 13
 14 the standard VAR approach. A standard VAR is a linear model for the evolution of 14
 15 a vector of observed data, y_t . Omitting intercepts to simplify exposition, we have 15
 16 the following system of N_y equations for a VAR with p lags: 16
 17 17
 18 18
 19 19

$$20 \quad y_t = \sum_{j=1}^p C_j y_{t-j} + v_t, \quad \text{with } v_t \sim \mathcal{N}(0, \Sigma_t), \quad \text{and } E_{t-1} v_t = 0. \quad (2) \quad 20$$

21 Anticipating our subsequent application, we assume time-invariant transition 21
 22 matrices, C_j , but allow for time-varying shock volatilities, Σ_t , as in [Clark \(2011\)](#), 22
 23 23

24 _____ 24
 25 ⁹For a given data set, the implementation of our model may thus allow for $N_s \leq N_i$ with N_s reflect- 25
 26 ing the number of elements in the N_i -dimensional vector i_t for which the *ELB* has been binding in 26
 27 the sample. 27

28 ¹⁰In our data set, with an *ELB* value of 25 basis points, the constraint has been binding for the 28
 29 federal funds rate, the 6-month Treasury bill rate, and the 1-year yield. In addition, our baseline spec- 29
 30 ification includes yields on 1-year, 5-year, and 10-year Treasuries as well as Moody's BAA yield on 30
 31 bonds with maturities of 20 years and above. 31
 32 32

1 among others.¹¹ Critically, VAR errors are typically assumed to have a symmet- 1
2 ric distribution with unbounded support. When y_t includes the nominal interest 2
3 rate, i_t , the resulting predictive densities will fail to incorporate the effects of the 3
4 effective lower bound, with particularly detrimental effects when i_t is close to 4
5 ELB . As a special case of (2), consider a random walk process for the nominal 5
6 interest rate, $i_t = i_{t-1} + v_t$. When $i_t = ELB$, the k -period-ahead point forecast still 6
7 satisfies the ELB, since $E_t i_{t+k} = ELB$. But the associated density forecasts have 50 7
8 percent of their mass below ELB as the linear model ignores the ELB constraint. 8

9 That being said, a standard linear VAR could yield plausible macroeconomic 9
10 forecasts even in settings when monetary policy is constrained by the ELB. With 10
11 short-term rates included, a conventional VAR may forecast at least adequately 11
12 because, at any given forecast origin, projections of future short-term interest 12
13 rates can turn negative. To the extent that the historical behavior of monetary 13
14 policy implies the central bank would have set the policy rate negative in an ELB 14
15 episode but could not and took other steps to provide policy accommodation, the 15
16 simple linear VAR's forecasts could be helped by being allowed to project nega- 16
17 tive rates over the forecast horizon. The accuracy of macroeconomic forecasts 17
18 may also be helped by the inclusion of long-term bond yields and other financial 18
19 indicators such as stock prices; these indicators reflect the effects of asset pur- 19
20 chases and forward guidance from the central bank regarding the path of policy 20
21 rates. Indeed, [Crump et al. \(2021\)](#) develop a large VAR intended to be useful for a 21
22 range of forecasting questions faced by a central bank. Their model omits short- 22
23 term interest rates out of ELB considerations, instead using the 2-year Treasury 23
24 yield as an indicator of the stance of policy, with several other yields and finan- 24
25 cial indicators also included in the model. However, as reported in the supple- 25
26 mentary online appendix, we find the shadow-rate approach presented below to 26
27 improve upon the historical forecast accuracy of a linear VAR that omits shorter- 27
28 term yields (and is thus unencumbered by the ELB). 28

29 ¹¹In our empirical application, we follow [Carriero et al. \(2019\)](#) and assume that $v_t = A^{-1}\varepsilon_t$, where A 29
30 is a lower unit-triangular matrix, $\varepsilon_t \sim \mathcal{N}(0, \Lambda_t)$, and Λ_t is a diagonal matrix. The vector of diagonal el- 30
31 ements of Λ_t is denoted λ_t , with $\log \lambda_t = \log \lambda_{t-1} + \eta_t$, $\eta_t \sim \mathcal{N}(0, \Phi)$. Other forms of heteroskedasticity 31
32 could also be specified. 32

3.2 Fully-hybrid shadow-rate VAR

The shadow-rate approach posits a VAR for a hypothetical data vector, z_t , that is identical to y_t except for replacing i_t with s_t , and derives actual rates, i_t , from shadow rates s_t via the censoring constraint (1). In explaining the model and estimation, our notation will partition y_t in a vector of $N_x = N_y - N_s$ other variables (macroeconomic and financial indicators that are not interest rates), x_t , that have unbounded support, and the nominal interest rate i_t , with x_t ordered on top:

$$y_t = \begin{bmatrix} x_t \\ i_t \end{bmatrix} \quad \text{and let} \quad z_t = \begin{bmatrix} x_t \\ s_t \end{bmatrix} \quad \text{with} \quad i_t = \max(ELB, s_t). \quad (3)$$

The fully-hybrid shadow-rate VAR relates all variables (i.e., both x_t and s_t) to lags of both the shadow rates and actual interest rates:

$$x_t = \sum_{j=1}^p C_{xx,j} x_{t-j} + \sum_{j=1}^p C_{xs,j} s_{t-j} + \sum_{j=1}^p C_{xi,j} i_{t-j} + v_{x,t}, \quad (4)$$

$$s_t = \sum_{j=1}^p C_{sx,j} x_{t-j} + \sum_{j=1}^p C_{ss,j} s_{t-j} + \sum_{j=1}^p C_{si,j} i_{t-j} + v_{s,t}. \quad (5)$$

In this fully-hybrid specification, both actual interest rates and shadow rates predict future macroeconomic variables and interest rates, with nominal interest rates modeled as censored processes. Shadow rates may be seen as capturing effects of unconventional monetary policies (such as forward guidance or asset purchases), whereas actual rates are paid (earned) by borrowers (lenders) and thereby enter in economic dynamics and predictions.

This general specification allows for some coefficient changes at the ELB. When all shadow rates are above the ELB, then $s_t = i_t$ and the VAR becomes

$$x_t = \sum_{j=1}^p C_{xx,j} x_{t-j} + \sum_{j=1}^p (C_{xs,j} + C_{xi,j}) s_{t-j} + v_{x,t},$$

$$s_t = \sum_{j=1}^p C_{sx,j} x_{t-j} + \sum_{j=1}^p (C_{ss,j} + C_{si,j}) s_{t-j} + v_{s,t}.$$

1 When all shadow rates are below the ELB, then $i_t = ELB$, and the VAR takes the
2 form

$$3$$

$$4 \quad x_t = \sum_{j=1}^p C_{xx,j} x_{t-j} + \sum_{j=1}^p C_{xs,j} s_{t-j} + ELB \cdot \sum_{j=1}^p C_{xi,j} + v_{x,t},$$

$$5$$

$$6 \quad s_t = \sum_{j=1}^p C_{sx,j} x_{t-j} + \sum_{j=1}^p C_{ss,j} s_{t-j} + ELB \cdot \sum_{j=1}^p C_{si,j} + v_{s,t}.$$

$$7$$

$$8$$

9
10 As this indicates, when interest rates are constrained at the ELB, the fully-hybrid
11 shadow-rate VAR includes parameter changes in the coefficients on s_{t-1} and an
12 intercept shift relative to when interest rates are not constrained. When the lags
13 of some shadow rates are above the ELB, and other lags are below, a linear com-
14 bination of these changes occurs. Moreover, the intercept shift is not arbitrary,
15 but reflects the difference in coefficient loadings on s_{t-j} (i.e., reflects $C_{xi,j}$ and
16 $C_{si,j}$, $j = 1, \dots, p$) when at or above the ELB. Of course, to separately identify C_{xs}
17 and C_{ss} on the one hand, and C_{xi} and C_{si} on the other, we need ELB data where
18 $i_t = ELB > s_t$.

20 3.3 Block-hybrid shadow-rate VAR

21
22 Because actual and shadow rates are perfectly collinear when above the ELB,
23 their joint inclusion in the fully-hybrid shadow-rate VAR can create challenges
24 in identification and estimation, in particular for the purpose of generating use-
25 ful out-of-sample forecasts and impulse responses based on the (yet) still lim-
26 ited experience with ELB data. Hence, as a feasible alternative, we also consider
27 a block-hybrid specification in which zero restrictions are imposed such that the
28 VAR includes shadow rates as VAR regressors only in forecasting equations for
29 other (shadow) term structure variables, while using actual rates (and not shadow
30 rates) as explanatory variables in the VAR equations of macroeconomic variables
31 and other measures of financial conditions, collected in x_t . In terms of the fully-
32 hybrid VAR's equations (4) and (5), the restrictions are $C_{xs} = 0$ and $C_{si} = 0$, so that

the block-hybrid model takes the following form:

$$x_t = \sum_{j=1}^p C_{xx,j} x_{t-j} + \sum_{j=1}^p C_{xi,j} i_{t-j} + v_{x,t}, \quad (6)$$

$$s_t = \sum_{j=1}^p C_{sx,j} x_{t-j} + \sum_{j=1}^p C_{ss,j} s_{t-j} + v_{s,t}. \quad (7)$$

In this specification, all coefficients are identifiable from sample periods not constrained by the ELB (when we have $s_t = i_t$). The model can be seen as capturing the dynamics of short-term rates that are implied by the historical behavior of monetary policy which would have prescribed pushing rates below the ELB (if possible) while modeling actual economic outcomes as a function of actual interest rates, not the shadow rates.

In the block-hybrid system of equations (6) and (7), the censored values of (lagged) actual interest rates are state variables that influence the evolution of macroeconomic variables. Such a specification could be seen as advantageous since the decisions of households and firms are based on the actual (and not shadow) levels of interest rates, so that their levels (but not shadow rate levels) should serve as predictors in the VAR system. Of course, the distinction is lessened when longer-term rates (for which the ELB has not been binding so far) are included in the vector i_t , as we consider in our empirical application. While longer-term rates may indeed be relevant for certain spending and investment categories, some lending rates (e.g., car loans) may be more tied to short-term interest rates than 5- or 10-year bond yields. In addition, deposit rates earned by some savers will also be more tied to short-term rates, making actual short-term rates relevant for macroeconomic forecasting even when long-term rates are included in the analysis.

3.4 Relationship to Mavroeidis (2021)

In this section, we relate our reduced-form shadow-rate VARs to the structural VAR specifications of Mavroeidis (2021). Adapted to our notation, the general “censored and kinked” model of Mavroeidis (2021) (CKSVAR, see his equation (20)) takes the form

$$\underbrace{\begin{bmatrix} A_{11} & A_{12}^* & A_{12} \\ A_{21} & A_{22}^* & A_{22} \end{bmatrix}}_{=A} \begin{bmatrix} x_t \\ s_t \\ i_t \end{bmatrix} = \sum_{j=1}^p B_{x,j} x_{t-j} + \sum_{j=1}^p B_{s,j} s_{t-j} + \sum_{j=1}^p B_{i,j} i_{t-j} + \varepsilon_t. \quad (8)$$

The general structural form in (8) has time-invariant parameters. But, as discussed by Mavroeidis (2021), the corresponding reduced-form VAR has time-varying parameters due to the interplay of the censoring constraint on nominal interest rates, and the actual-rate terms on the left-hand side of (8) that constrain the impact responses. Compared with equation (8), our models omit the impact terms of the actual rate, without which (8) leads to the following reduced-form representation:

$$\begin{bmatrix} x_t \\ s_t \end{bmatrix} = \sum_{j=1}^p A^{-1} B_{x,j} x_{t-j} + \sum_{j=1}^p A^{-1} B_{s,j} s_{t-j} + \sum_{j=1}^p A^{-1} B_{i,j} i_{t-j} + A^{-1} \varepsilon_t, \quad (9)$$

$$\text{with } A^{-1} = \begin{bmatrix} A_{11} & A_{12}^* \\ A_{21} & A_{22}^* \end{bmatrix}^{-1}.$$

Evidently, the fully-hybrid shadow-rate VAR in equations (4) and (5) corresponds to (9), and has time-invariant coefficients for the lags of x_t , s_t , and i_t . As illustrated before, actual rates are either constant (and equal to *ELB*) or identical to shadow rates, so that our VAR models feature slope coefficient changes (in their response to lagged actual and shadow rates) and intercept shifts at the *ELB*.¹² Our block-hybrid model also conforms to (9), but with certain block-zero

¹²In the context of his general “censored and kinked” (CKSVAR) model, Mavroeidis (2021) derives additional parameter changes at the *ELB*. These additional parameters disappear, however, when $A_{12} = 0$ and $A_{22} = 0$. This configuration leads to the coefficient values $\kappa = 1$ and $\tilde{\beta} = 0$ in his setup for which the time-varying parameters characterized by Proposition 2 of his paper disappear.

1 restrictions on lag responses of actual and shadow rates (as discussed above). 1
 2 Specifically, these zero restrictions are imposed on the upper block of coefficients 2
 3 in $C_{s,j} = A^{-1}B_{s,j}$ (for each j) that link lagged shadow rates to macro variables, as 3
 4 well as the lower block in $C_{i,j} = A^{-1}B_{i,j}$ (for each j), linking lagged actual rates to 4
 5 shadow rates. As such, our block-hybrid model combines elements of the “cen- 5
 6 sored” and “kinked” SVARs of Mavroeidis (2021): For macroeconomic variables, 6
 7 the block-hybrid VAR borrows from his kinked specification, whereas for shadow 7
 8 rate equations it follows his purely censored model. These choices are deliber- 8
 9 ately intended to condition spending and investment decisions on actual inter- 9
 10 est rates. In contrast, having lagged shadow rates in the interest rate block of the 10
 11 VAR helps to capture lower-for-longer or make-up elements in the conduct of 11
 12 monetary policy when forming expectations about future interest rates. 12

13 All told, there is a close correspondence between our shadow rate VARs and the 13
 14 general CKSVAR model of Mavroeidis. As in his model, the censoring of lagged ac- 14
 15 tual rates generates slope coefficient and intercept shifts at the ELB. Compared to 15
 16 his structural model, we omit the impact terms for actual rates on the left-hand 16
 17 side of this SVAR system in (8), which leads to a straightforward reduced form 17
 18 representation as in (9). As discussed by Mavroeidis (2021), the inclusion of all 18
 19 impact terms, with non-zero A_{12} and A_{22} as in (8), imposes over-identifying re- 19
 20 strictions on all coefficients in A to ensure coherence and completeness of the 20
 21 SVAR (and thus uniqueness of its reduced form). When the terms involving i_t 21
 22 are dropped from the left-hand side of (8), the impact responses of i_t are solely 22
 23 determined by the impact responses of s_t and the censoring constraint. By for- 23
 24 going these over-identifying restrictions, our model specification enables fairly 24
 25 straightforward estimation with MCMC and the application to larger VAR sys- 25
 26 tems. Moreover, the added zero restrictions on lag coefficients embedded in the 26
 27 block-hybrid VAR enables the identification of all VAR coefficients from obser- 27
 28 vations regardless whether they are at or away from the ELB. The latter feature 28
 29 enables our application to out-of-sample forecasting that is competitive relative 29
 30 to a standard VAR within the confines of the (yet) limited ELB episodes in US 30
 31 data. 31

3.5 *Shadow rate interpretation and constant-parameter assumptions*

Considering a standard VAR, [Bernanke and Blinder \(1992\)](#) proposed interpreting the policy rate equation of the VAR as a feedback rule that describes monetary policy. In a similar spirit, the shadow-rate equation of our models can be thought of as embedding a monetary policy reaction function that relates the shadow rate to the variables included in the VAR.¹³ The actual policy rate follows the same reaction function, except that the actual rate is constrained to not fall below the ELB. As a result, the model's prescriptions for the federal funds rate — evident in our out-of-sample forecasts — obey the ELB on actual policy rates, even as the shadow rate will be below zero during the ELB episodes. In contrast, the reaction function implied by a standard VAR ignores the ELB and can be prone to prescribing policy rates that violate the ELB during severe downturns as seen in the last two decades.

During the Great Recession, the FOMC's Bluebook or Tealbook regularly included forecast and policy simulations treating the federal funds rate as unconstrained and allowed to fall below the ELB, either in simple prescriptions from benchmark Taylor-type rules or simulations of optimal policy conducted with the FRB/US model. Text in the March 2008 Bluebook explicitly suggested a negative funds rate prescription could measure the effect of balance sheet policies or forward guidance and reflect the overall stance of policy: "The additional monetary easing associated with the counterfactual unconstrained optimal policy can provide a useful benchmark in judging the stimulus provided by nontraditional policy actions (S)ome of the benefits of such an unconstrained policy can likely be attained by a policy of large-scale purchases of long-term Treasury securities and agency MBS."¹⁴

¹³Using a smaller model in an unobserved components form, [Johannsen and Mertens \(2021\)](#) identify monetary policy shocks from surprises to the shadow rate, using short-run restrictions.

¹⁴See p.30 of the March 2009 Bluebook. The Bluebook or Tealbook continued for several years to report unconstrained funds rate measures that were negative; as a later example, see the Tealbook Book B from January 2013.

1 In the spirit of this work, monetary policy may be partially or fully effective 1
2 at the ELB, and shadow rates may or may not completely reflect the stance (how- 2
3 ever defined) of monetary policy at the ELB.¹⁵ In any case, our VAR estimates map 3
4 observed economic and financial indicators into shadow rate measures that re- 4
5 flect the historical relationships between interest rates and other economic and 5
6 financial indicators. As such, the shadow-rate estimates are designed to be state 6
7 variables useful for modeling the evolution of interest rates and other economic 7
8 variables (within otherwise linear VAR systems). When the ELB is binding and 8
9 the Federal Reserve is using balance sheet policies or forward guidance on the 9
10 future funds rate to provide policy accommodation, the shadow rate becomes 10
11 latent and can fall below the actual interest rate to capture the effects of these 11
12 policies. Other studies, including [Billi \(2020\)](#), [Gust et al. \(2017\)](#), and [Reifschneider and Williams \(2000\)](#), have suggested that the inclusion of lagged shadow rates 12
13 as VAR predictors could track make-up policies at the ELB. In fact, as argued by 13
14 [Hamilton \(2017\)](#), without the inclusion of lagged shadow rates in the (notional) 14
15 policy rule, it is hard to explain persistent episodes at the ELB. For all these rea- 15
16 sons, we expect that the shadow rate of our VAR specifications broadly captures 16
17 overall monetary policy when the ELB binds and monetary policy counters by us- 17
18 ing asset purchases and forward guidance on future rates to provide stimulus, but 18
19 we cannot claim that it necessarily entirely captures these alternative policies. 19
20

21 A number of studies have developed structural models that have implications 21
22 for the measurement of the stance of policy and the specifications of VARs. [Sims 22
23 and Wu \(2021\)](#) develop a DSGE framework that shows that asset purchase pro- 23
24 grams can be analogous to large reductions in the federal funds rate and that as- 24
25 set purchases account for much of the fall in shadow-rate estimates such as [Wu 25
26 and Xia \(2016\)](#) during the Great Recession. Motivated by various empirical stud- 26
27 ies that have concluded that conventional and unconventional monetary policies 27
28 work in a similar fashion, [Wu and Zhang \(2019\)](#) derive a DSGE model in which 28
29
30
31

32 ¹⁵[Hamilton \(2018\)](#) provides a cogent review of the efficacy of large scale asset purchases. 32

1 alternative policy tools circumvent the ELB. In their setup, the stance of mone- 1
2 tary policy can be summarized with a shadow rate, and a linear model can repre- 2
3 sent the economy — without an ELB-induced structural break. Consistent with 3
4 this reasoning, [Francis et al. \(2020\)](#) find that linear VARs estimated with shadow- 4
5 rate estimates from [Krippner \(2013, 2015\)](#) and [Wu and Xia \(2016\)](#) as a measure of 5
6 monetary policy (unlike models that instead use the federal funds rate) pass tests 6
7 of parameter stability and yield stable impulse response estimates – as predicted 7
8 by [Wu and Zhang \(2019\)](#). 8

9 On the other hand, as discussed in [Aruoba et al. \(2022\)](#), various studies us- 9
10 ing DSGE models have established that occasionally binding ELB constraints re- 10
11 sult in non-linear decision rules for consumption and prices with respect to the 11
12 underlying state variables. Related, in recent work with structural VARs, includ- 12
13 ing [Aruoba et al. \(2022\)](#) and [Mavroeidis \(2021\)](#), a binding ELB constraint leads to 13
14 a regime shift in coefficients, implying reduced-form models with time-varying 14
15 parameters. The results of [Mavroeidis \(2021\)](#) for a small-scale SVAR in inflation, 15
16 unemployment, and the federal funds rate suggest that unconventional policy 16
17 is “only partially effective” in mitigating the ELB. Relatedly, the models of [Kul- 17
18 ish et al. \(2017\)](#) and [Mavroeidis \(2021\)](#) also distinguish between reduced-form 18
19 shadow rates (which drive the censoring of actual interest rates) and structural 19
20 shadow rates, which reflect the stance of monetary policy. 20

21 As noted above, our fully-hybrid shadow-rate VAR allows for discrete parame- 21
22 ter changes at the ELB, but does not perform well in out-of-sample forecasting. 22
23 As an additional check, in an earlier working paper version of this manuscript 23
24 ([Carriero et al., 2023](#)), to entertain ELB-driven parameter change while constrain- 24
25 ing its extent to make estimation and forecasting feasible, we consider a version 25
26 of the block-hybrid VAR extended to allow the impact matrix A to change at the 26
27 ELB. However, in out-of-sample forecasting results, the resulting model performs 27
28 poorly compared to our baseline constant-parameter models with a shadow rate. 28
29 Empirical evidence of time variation in the parameters controlling the block- 29
30 hybrid shadow-rate VAR dynamics, also reported in the supplementary online 30
31 appendix, is rather limited as well. 31

The constant-parameter specification of our block-hybrid shadow-rate VAR can be seen as consistent with previous work in the literature that has concluded that monetary policy was unconstrained by the ELB (for example, through the use of unconventional policies) so that economic dynamics remain unaffected by the ELB. In addition to the studies noted above, this work includes empirical analysis of the response of bond yields to economic news by Swanson and Williams (2014) and evidence on the stability of macroeconomic volatility and responses to shocks, along with consistency with a DSGE model specification, in Debortoli et al. (2019).

3.6 Estimation, forecasting, and impulse response computation

All of our models are estimated with an MCMC sampler that builds on the methods of Carriero et al. (2019) for large BVAR-SV models (as corrected in Carriero et al. (2022a) and with details provided therein) and extended to handle the ELB. As in their work, we use a Minnesota prior for the VAR coefficients C_j and follow their other choices for priors as far as applicable, too.¹⁶

Throughout, we use $p = 12$ lags in a monthly data set, which is described in further detail in Section 4. While omitted above, our models also include intercepts. Here we briefly explain the specifics of the sampler that pertain to handling the shadow rate as a latent process whose posterior is truncated *from above* when the ELB binds. Further details of the sampling procedures are provided in the supplementary online appendix.

When the data include observations for which the ELB is binding, not only does s_t become a latent variable, but also it is subject to the constraint that $s_t \leq ELB$ when $i_t = ELB$. Our shadow-rate VAR systems belong to a class of

¹⁶All VAR coefficients, C_j , have independent normal priors; all are centered around means of zero, except for the first-order own lags of certain variables as listed in Table 1. As usual, different degrees of shrinkage are applied to own- and cross-lag coefficients. Prior variances of the j th-order own lag are set to θ_1/j^{θ_4} . The cross-lag of the coefficient on variable m in equation n has prior variance equal to $\theta_1/j^{\theta_4} \cdot \theta_2 \cdot \hat{\sigma}_n^2/\hat{\sigma}_m^2$. The intercept of equation n has prior variance $\theta_3 \cdot \hat{\sigma}_n^2$. In all of these settings, $\hat{\sigma}_n^2$ is the OLS estimate of the residual variance of variable n in an AR(1) estimated over the entire sample. The shrinkage parameters are $\theta_1 = 0.2^2$, $\theta_2 = 0.5^2$, $\theta_3 = 100$, and $\theta_4 = 2$.

1 conditionally Gaussian unobserved components models, for which [Johansen](#) 1
 2 [and Mertens \(2021\)](#) have derived a generic shadow-rate sampling approach that 2
 3 can be nested inside an otherwise standard MCMC sampler for the VAR estima- 3
 4 tion. The Johansen-Mertens approach employs the conditionally linear, Gaus- 4
 5 sian structure of the model to derive a truncated normal posterior for the vector 5
 6 of unobserved shadow rates in the system, given draws of other model parame- 6
 7 ters, such as the VAR coefficients C_j , and the stochastic volatilities captured by 7
 8 Σ_t .¹⁷ Crucially, this truncated normal posterior pertains to the entire trajectory 8
 9 of unobserved shadow rates (or the ensemble of trajectories in the case of multi- 9
 10 ple ELB periods), necessitating draws from a multivariate truncated normal. [Jo-](#) 10
 11 [hanssen and Mertens \(2021\)](#) successfully employ rejection sampling to generate 11
 12 joint draws from this multivariate shadow-rate posterior. However, in more gen- 12
 13 eral applications, rejection sampling can become computationally tedious and 13
 14 highly inefficient. 14

15 Specifically, consider the following setup for the fully-hybrid shadow-rate VAR 15
 16 given by (3), (4), and (5): Values for the VAR coefficients $\{C_{.,j}\}_{j=1}^p$ and error vari- 16
 17 ances $\{\Sigma_t\}_{t=1}^T$ are given and the data for $\{x_t\}_{t=1}^T$ and $\{i_t\}_{t=1}^T$ are known. The 17
 18 shadow rate s_t is unknown at least for some t . For ease of notation, we normalize 18
 19 time subscripts so that the first time the ELB is binding occurs at $t = 1$. We as- 19
 20 sume that at $t = 1$, p lags of the data for x_t , i_t , and thus also s_t are known (since for 20
 21 $t < 1$ the ELB has not been binding). In addition, denote the last ELB observation 21
 22 by $T^* \leq T$ (where T is the length of the data sample), so that s_t is unknown for 22
 23 $1 \leq t \leq T^*$. For simplicity we refer to the entire sequence $\{s_t\}_{t=1}^{T^*}$ as “unobserved,” 23
 24 which corresponds to the case of a single ELB episode. However, the procedures 24
 25 described below also apply when multiple ELB episodes occur between $t = 1$ and 25
 26 T^* , so that only some, but not all, values of s_t in this window are unobserved. 26

30 ¹⁷For the remainder of this section, references to the shadow-rate posterior are understood as 30
 31 pointing to the posterior distribution of shadow rates conditional on other model parameters and 31
 32 other latent states (like $\{\Sigma_t\}_{t=1}^T$). 32

For ease of reference, we collect all *unobserved* shadow rates in a vector \mathbf{S} and all observations of $y_t = [x_t' \ i_t']'$ in a vector \mathbf{Y} :

$$\mathbf{S} = \begin{bmatrix} s_{T^*} \\ s_{T^*-1} \\ \vdots \\ s_2 \\ s_1 \end{bmatrix}, \quad \text{and} \quad \mathbf{Y} = \begin{bmatrix} y_T \\ y_{T-1} \\ \vdots \\ y_0 \\ y_{-p+1} \end{bmatrix}. \quad (10)$$

In the case of a single ELB episode lasting from $t = 1$ through T^* , \mathbf{S} consists of the entire sequence $\{s_t\}_{t=1}^{T^*}$. In case of multiple ELB episodes, observations with $s_t = i_t > ELB$ are excluded from \mathbf{S} .

The task of the shadow-rate sampler is then to sample $\mathbf{S} | \mathbf{Y}$, which includes the information that $\mathbf{S} \leq ELB$ (where the inequality is element-wise). Following [Johannsen and Mertens \(2021\)](#), the shadow-rate sampler builds on solving a “missing value” problem for \mathbf{S} that does not condition on information that the ELB has been binding for certain observations, and thus does not impose $\mathbf{S} \leq ELB$. We denote the missing value problem by $\mathbf{S} | \mathbf{Y}^*$. Linearity and Gaussianity of the missing-value problem result in a posterior that is multivariate normal, and truncation at the ELB leads to the following shadow-rate sampler:¹⁸

$$\mathbf{S} | \mathbf{Y}^* \sim \mathcal{N}(\boldsymbol{\mu}, \boldsymbol{\Omega}) \quad \Rightarrow \quad \mathbf{S} | \mathbf{Y} \sim \mathcal{TN}(\boldsymbol{\mu}, \boldsymbol{\Omega}, -\infty, ELB). \quad (11)$$

The moments $\boldsymbol{\mu}$ and $\boldsymbol{\Omega}$ can be recursively computed using a standard Kalman smoother, and draws can be generated via a corresponding smoothing sampler. Our paper extends the Johannsen-Mertens approach to a generic VAR with details provided in the supplementary online appendix.

A further contribution of our paper is the implementation of the shadow-rate sampler via Gibbs sampling, following [Geweke \(1991\)](#) and [Park et al. \(2007\)](#), and adapted to the variance-covariance structure of the VAR(p) case, rather than the

¹⁸The notation $\mathbf{S} \sim \mathcal{TN}(\boldsymbol{\mu}, \boldsymbol{\Omega}, a, b)$ denotes a truncated multivariate normal distribution for the random vector \mathbf{S} , with typical elements s_j , where $a \leq s_j \leq b \ \forall j$, and where $\boldsymbol{\mu}$ and $\boldsymbol{\Omega}$ are the mean vector and variance-covariance matrix of the underlying normal distribution.

1 rejection sampling employed by [Johannsen and Mertens \(2021\)](#). Depending on 1
2 parameter values, a (well-known) issue with rejection sampling from the trun- 2
3 cated normal is a possibly low acceptance rate. In our case, the acceptance prob- 3
4 ability in sampling from (11) critically depends on VAR parameters and the ob- 4
5 served data for macroeconomic and financial variables (other than short-term 5
6 interest rates). As reported further below, when VAR parameters are drawn from 6
7 the eventual posterior of our shadow-rate VAR, the acceptance probability that 7
8 draws from the missing-value problem will lie below the ELB is fairly high. How- 8
9 ever, this need not be the case in general, and does not hold, for example, when 9
10 our VAR is estimated while treating observations for short-term interest rates as 10
11 missing (rather than censored) data when the ELB binds. Our adaptation of the 11
12 Gibbs sampling approach of [Geweke \(1991\)](#) to the VAR(p) case, with details de- 12
13 scribed in the supplementary online appendix, provides a more efficient solu- 13
14 tion to the shadow-rate sampling problem. Moreover, our methods prove to be 14
15 numerically robust due to the use of QR decomposition methods that assure pos- 15
16 itive definiteness in computation of second-moment matrices. 16

17 Our approach also builds on the work of [Chib \(1992\)](#) and [Chib and Greenberg](#) 17
18 [\(1998\)](#) for Tobit and Probit models, respectively, which also relied on algorithms 18
19 featuring data augmentation.¹⁹ 19

20 Notably, non-linearities that arise from the censoring of actual rates do not im- 20
21 pede shadow-rate inference based on Gaussian signal extraction methods. In the 21
22 simple shadow-rate VAR, the dynamics of latent shadow-rate variables are de- 22
23 scribed by a Gaussian VAR, which gives rise to a missing value problem with a 23
24 24
25 25
26 26
27 27
28 28

29 ¹⁹When the ELB binds, the censoring constraint on actual rates bounds the posterior distribution 29
30 for the shadow rate. The censored shadow-rate problem is related, but different from settings where 30
31 state variables have bounded support under the prior, as studied, for example, by [Chan et al. \(2013\)](#) 31
32 and [Koop and Potter \(2011\)](#). 32

(conditionally) normal posterior distribution. The moments of the Gaussian posterior for the missing value problem can be obtained from standard Kalman filtering and smoothing. Similarly, in the hybrid shadow-rate VAR, censored actual-rate values enter only as lagged explanatory variables (and only in non-shadow-rate equations), retaining the conditionally Gaussian structure of the missing value problem.

In out-of-sample forecasting, for every model considered, we generate draws from the predictive density of y_{t+k} at forecast origin t by recursive simulations. In each case, to generate draws from the h -step-ahead density, VAR residuals, v_{t+k} , are drawn for $k = 1, 2, \dots, h$. In the case of the standard VAR, conditional on current and lagged data for y_t , the simulation is standard and iterates over (2). In contrast, for the shadow-rate VAR, simulation of the predictive densities jumps off MCMC draws for $s_t, s_{t-1}, \dots, s_{t-p+1}$ that are used to initialize recursions over the VAR system in (4) and (5). At each forecast horizon, censoring of predicted interest rates is applied to generate actual rate values, which are fed into the VAR equations to simulate subsequent predictions of y_{t+k} .

Our development of an efficient Gibbs sampler for Bayesian estimation of shadow-rate VARs — to obtain both shadow rate estimates and out-of-sample forecasts — represents another contribution of the paper. [Mavroeidis \(2021\)](#) instead uses particle filtering to obtain maximum likelihood estimates of a structural VAR in the face of ELB constraints. [Aruoba et al. \(2022\)](#) develop a sequential Monte Carlo sampler for Bayesian estimation of a structural VAR with an occasionally-binding constraint that leads to shifts in coefficients.

To estimate the responses of the economy to shocks, rather than computing standard impulse response functions conditional on whether the ELB binds or not, we let the shock affect whether (and when) the ELB binds over the course of the response horizon. To do so, we build on the generalized impulse response approach of [Koop et al. \(1996\)](#), and implement conditional nonlinear impulse responses as in [Goncalves et al. \(2021, 2023\)](#).²⁰ At a given forecast origin t , we simulate a predictive density that conditions on a specific realization of the shock at

²⁰[Goncalves et al. \(2023\)](#) refer to these as conditional average responses.

1 $t + 1$ and compare its predictive mean against the average of a baseline prediction, 1
 2 made at t , that does not condition on specific shock realizations. In these com- 2
 3 putations, we start with posterior distributions for VAR coefficients, shadow-rate 3
 4 values, and volatilities estimated with the full sample of data. Importantly, our 4
 5 IRF calculations integrate over the entire posterior distribution of lagged shadow- 5
 6 rate values, instead of jumping off any specific estimate for current and past val- 6
 7 ues of the shadow rate.²¹ 7

8 In our application, we denote the size of the added shock by σ and set its size 8
 9 equal to the time-series average of the stochastic volatility estimates for 2005- 9
 10 2006, the two years preceding the Great Recession.²² We then estimate the re- 10
 11 sponses to a specific shock of size σ that occurs at $t + 1$. Building on our earlier 11
 12 notation, let $v_t = A^{-1}\varepsilon_t$ denote the vector of VAR residuals, with $\varepsilon_t \sim \mathcal{N}(0, \Lambda_t)$, A 12
 13 a unit-lower-triangular matrix, and Λ_t a diagonal matrix of stochastic variance 13
 14 values. With EBP ordered first in the VAR, $\varepsilon_{1,t}$ denotes the (scalar) shock to EBP 14
 15 at time t . Our density simulations take MCMC draws of parameters, as well as 15
 16 values for shadow rates and stochastic volatilities at time t as given, and then 16
 17 simulate forward shocks to log volatility for period $t + 1$ through $t + H$ (with H 17
 18 = 60 months), as well as the orthogonalized VAR residuals ε_{t+h} . For the baseline 18
 19 simulation, all shocks are drawn freely and denoted $\tilde{\varepsilon}_{t+h}$. For the alternative sim- 19
 20 ulation, we add to these baseline shocks a shock to EBP at $t + 1$. Our impulse- 20
 21 response definition thus corresponds to the setup of [Goncalves et al. \(2021, 2023\)](#). 21
 22 At each MCMC node m we generate $J = 1000$ draws of the predictive densities un- 22
 23 der the baseline and the alternative, and denote their means for outcomes h steps 23
 24 ahead by $E_t^{(m)}(y_{t+h})$ and $E_t^{(m)}(y_{t+h} | \varepsilon_{1,t+1} = \tilde{\varepsilon}_{1,t+1} + \sigma)$, respectively.²³ The impulse 24
 25 response function at a given MCMC node m follows as: 25

$$26 \Psi_{t,h}^{(m)}(\sigma) \equiv E_t^{(m)}(y_{t+h} | \varepsilon_{1,t+1} = \tilde{\varepsilon}_{1,t+1} + \sigma) - E_t^{(m)}(y_{t+h}). \quad (12) \quad 27$$

28 ²¹By contrast, [Ikeda et al. \(2023\)](#) condition their IRFs on point estimates for lagged shadow rates. 28

29 ²²The posterior median path for the EBP shock's volatility averaged at a value of 0.11 in 2005-2006. 29

30 ²³To reduce Monte Carlo error, we generate these predictive densities with antithetic variates, 30
 31 meaning that for each path based on a given set of draws of orthogonalized VAR residuals, ε_t , and 31
 32 SV shocks, we simulate additional paths based on the negatives of these draws. 32

1 We report medians and uncertainty bands for the distribution of $\Psi_{t,h}^{(m)}$ across 1
2 MCMC nodes. 2

4. DATA 4

5 Our data set consists of monthly observations for either 15 or 20 macroeconomic 5
6 and financial variables for 1959:03 to 2022:08, taken from the September 2022 6
7 vintage of the FRED-MD database maintained by the Federal Reserve Bank of St. 7
8 Louis. Table 1 lists the baseline model's variables and their transformations to 8
9 logs or log-differences. Reflecting the raw sample, transformations, and lag spec- 9
10 ification, the sample for model estimation always begins with 1960:04. Critically, 10
11 the data set includes the federal funds rate, which was constrained by the ELB 11
12 from late 2008 through late 2015 and from March 2020 through February 2022. 12
13 In our main results using 20 variables, the data set includes the federal funds 13
14 rate and five additional interest rates: two other rates constrained by the ELB, 14
15 the 6-month Treasury bill rate and the yield on 1-year Treasuries, as well as three 15
16 longer-maturity bond yields, including 5- and 10-year Treasuries and Moody's 16
17 Seasoned BAA corporate bond yield. In our initial assessment of policy in ELB 17
18 episodes and in some subsequent comparisons, we also provide shadow-rate 18
19 VAR estimates for a 15-variable subset of the data listed in Table 1 in which the 19
20 federal funds rate is the only interest rate measure; specifically, this subset omits 20
21 the five yield measures listed at the bottom of the table. For the paper's applica- 21
22 tion to structural analysis, we use the excess bond premium measure of [Gilchrist 22
23 and Zakrajšek \(2012\)](#) from January 1973 to 2022:08, obtained from the website of 23
24 the Federal Reserve Board of Governors.²⁴ 24

25 Data for short-term rates and longer-maturity Treasury yields (with some 25
26 omissions for chart readability) are shown in Figure 1. During and following the 26
27 Great Recession, while short-term interest rates were constrained by the ELB, 27
28 longer-term bond yields remained solidly or well above the ELB. The 10-year (5- 28
29 year) Treasury yield declined from 2.4 percent (1.5 percent) in December 2008 to 29
30 a low of 1.5 percent (0.6 percent) in July 2012 and then moved higher. Following 30
31

32 ²⁴https://www.federalreserve.gov/econresdata/notes/feds-notes/2016/files/ebp_csv.csv. 32

TABLE 1. List of variables

Variable	FRED-MD code	transformation	Minnesota prior
PANEL A: Non-interest-rate variables (x_t)			
Real Income	RPI	$\Delta \log(x_t) \cdot 1200$	0
Real Consumption	DPCERA3M086SBEA	$\Delta \log(x_t) \cdot 1200$	0
IP	INDPRO	$\Delta \log(x_t) \cdot 1200$	0
Capacity Utilization	CUMFNS		1
Unemployment	UNRATE		1
Nonfarm Payrolls	PAYEMS	$\Delta \log(x_t) \cdot 1200$	0
Hours	CES0600000007		0
Hourly Earnings	CES0600000008	$\Delta \log(x_t) \cdot 1200$	0
PPI (Fin. Goods)	WPSFD49207	$\Delta \log(x_t) \cdot 1200$	1
PPI (Metals)	PPICMM	$\Delta \log(x_t) \cdot 1200$	1
PCE Prices	PCEPI	$\Delta \log(x_t) \cdot 1200$	1
Housing Starts	HOUST	$\log(x_t)$	1
S&P 500	SP500	$\Delta \log(x_t) \cdot 1200$	0
USD / GBP FX Rate	EXUSUKx	$\Delta \log(x_t) \cdot 1200$	0
PANEL B: Nominal interest rates (i_t)			
Federal Funds Rate	FEDFUNDS		1
6-Month Tbill	TB6MS		1
1-Year Yield	GS1		1
5-Year Yield	GS5		1
10-Year Yield	GS10		1
BAA Yield	BAA		1

Note: Data obtained from the 2022-09 vintage of FRED-MD. Monthly observations from 1959:03 to 2022:08. Entries in the column “Minnesota prior” report the prior mean on the first own-lag coefficient used in our BVARs (with prior means on all other VAR coefficients set to zero).

the COVID-19 outbreak and the FOMC’s quick and substantial easing of monetary policy, bond yields were lower and much closer to the ELB than they were following the Great Recession. From April through December 2020, the 10-year (5-year) Treasury yield averaged 0.7 (0.3) percent. In 2021, the 10-year (5-year) Treasury yield averaged 1.4 (0.9) percent. In January 2022, the FOMC signaled its inclination to raise the federal funds rate off the ELB at its next meeting in March, after which bond yields moved higher.

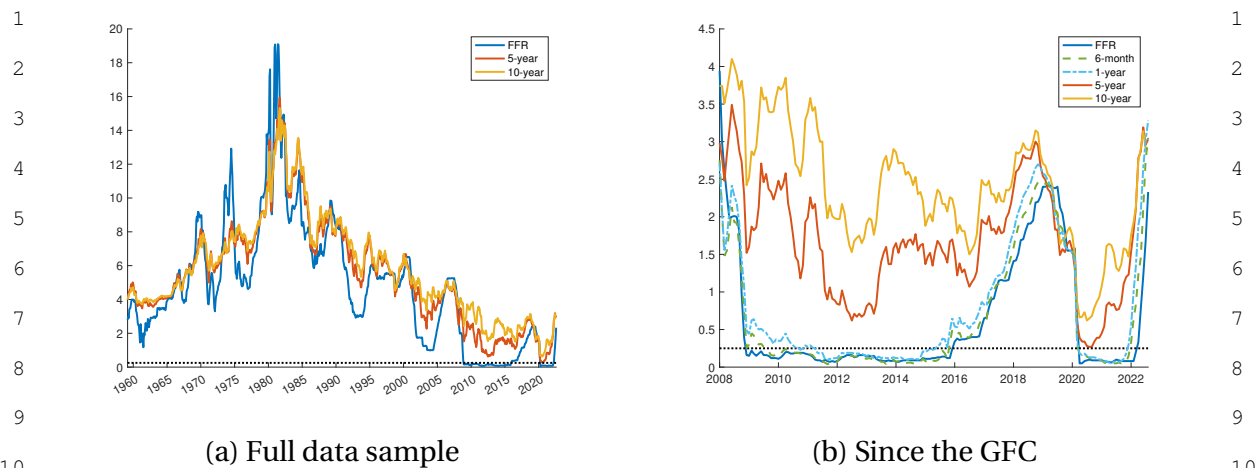


FIGURE 1. Interest rate data. All interest rates quoted as annualized percentage rates. Data obtained from FRED-MD as listed in Table 1.

In our application with US postwar data, the value of ELB is set to 25 basis points, which was the upper end of the FOMC's target range for the federal funds rate between late 2008 and 2015, and was again from mid-March 2020 through mid-March 2022. We treat a given interest rate — at any maturity — as unconstrained unless it reaches the ELB . As a matter of consistency with this convention, we set readings for the federal funds rate, 6-month T-bill rate, and 1-year Treasury yield to 25 basis points when estimating shadow-rate VARs (not when including these rates in a standard VAR that ignores the lower bound constraint). Treasury yields with maturities of five years and longer and corporate bond yields stayed above 25 basis points in the data and can thus be treated as part of the vector x_t , defined in Section 3, for the purpose of model estimation.²⁵ The supplementary online appendix shows that our main results are robust to instead setting the value of the ELB to 12.5 basis points. Admittedly, while some might argue that, even if longer-term bond yields did not actually hit the ELB , they were at least somewhat constrained when short-term rates hit the ELB , such a

²⁵For these yields, the lower bound constraint is an issue when simulating the predictive density, but not for estimating the VAR.

1 constraint falls outside our shadow-rate VAR framework. But a couple of consid- 1
2 erations could be seen as supporting our approach: First, the shadow rate VARs 2
3 allow for changes in the predictive densities of all variables, when interest rates 3
4 are above but close to the ELB (relative to the case when all rates were so high 4
5 that the prospect of a binding ELB were negligible). The reason is that actual 5
6 rates matter in the forecasting equations for non-interest-rate variables (which in 6
7 turn also affect projections for future shadow and actual rates). These mechanics 7
8 are present, and show some effect, in our forecasting results, but also our struc- 8
9 tural analysis based on generalized impulse responses. Second, a more generic, 9
10 or even a more structural, approach could have been chosen to model interest- 10
11 rate dynamics near (but above) the ELB, but both approaches have their draw- 11
12 backs as well. A purely empirical approach, based on generic time variation in 12
13 parameters, comes with its own issues regarding scalability and identification (as 13
14 shadow rates are latent at the ELB). In contrast, a more structural approach could 14
15 derive tighter restrictions on such behavior, but at the cost of having to impose 15
16 more specific assumptions on economic structures.²⁶ 16

17 18 5. SHADOW-RATE ESTIMATES 18

19 We start our empirical analysis with an assessment of the shadow-rate estimates' 19
20 implications for the description of monetary policy in ELB episodes. Figure 2 re- 20
21 ports our shadow rate estimates (posterior medians and 90 percent credible sets) 21
22 associated with the federal funds rate, along with comparisons to some other 22
23 estimates. Panel (a) shows smoothed, full-sample estimates obtained from our 23
24 fully-hybrid and block-hybrid shadow-rate VARs that omit bond yields and in- 24
25 clude only the federal funds rate as an interest rate measure in the data vector.²⁷ 25
26 Panel (b) provides corresponding estimates for models including our full variable 26

27
28 ²⁶For example, a no-arbitrage shadow-rate model in finance would commonly assume linear and 28
29 time-invariant state dynamics, and a specific set of pricing factors. Moreover, for our purposes, such 29
30 a pure finance model would still be silent on specific sensitivities of macroeconomic variables when 30
interest rates are near the ELB, as captured by our shadow-rate VARs.

31 ²⁷To be clear, in the full sample case, the model is estimated with data for 1960:04 through 2022:08, 31
32 but the figure omits the period of 1960-2008 during which the ELB did not bind. 32

1 set with additional interest rates. Panel (c) compares our full-sample estimate 1
2 from the fully-hybrid model with all 20 variables to the shadow-rate measures 2
3 from [Krippner \(2013, 2015\)](#) and [Wu and Xia \(2016\)](#) based on affine term structure 3
4 models. Finally, for the block-hybrid shadow-rate VAR including all 20 variables, 4
5 Panel (d) compares the full-sample estimates that use data through August 2022 5
6 and quasi-real-time estimates that are the end-of-sample estimates produced by 6
7 recursive estimation of the model starting in January 2009. 7

8 As indicated in Panel (a) of Figure 2, when the only interest rate included in 8
9 the model is the federal funds rate, the fully-hybrid shadow-rate VAR generates 9
10 a shadow rate estimate (black line with gray shading) that declines significantly 10
11 starting in 2009, reaching a low point below -2 percent and remaining well be- 11
12 low zero for a considerable period before gradually drifting up to the ELB. The 12
13 shadow rate estimate from this model showed similar behavior during the first 13
14 year of the COVID-19 pandemic, dropping quickly in the spring of 2020. The 14
15 shadow rate estimate from the block-hybrid VAR (red lines) shows much sharper 15
16 declines when the ELB binds, reaching a low of nearly -7 percent in the first ELB 16
17 episode; the estimate is particularly negative in the 2009-2013 period that corre- 17
18 sponds more closely to the recovery in real activity. The relatively sharper decline 18
19 of the shadow rate from the block-hybrid model as compared to the fully-hybrid 19
20 model reflects the fact that, in the latter specification, the shadow rate can in- 20
21 herit the persistence of the actual, constrained short-term interest rate on the 21
22 right-hand side of the VAR. Used to characterize monetary policy, the estimates 22
23 from both specifications imply that, based on macroeconomic conditions and 23
24 historical relationships, the FOMC would have set the funds rate much lower 24
25 than it could due to the ELB; the ELB sharply constrained policy. The contours 25
26 of our block-hybrid shadow-rate estimates generated from macroeconomic and 26
27 financial variables while excluding term structure data closely resemble uncon- 27
28 strained Taylor-rule prescriptions calculated for the Great Recession years by 28
29 [Eberly et al. \(2020\)](#). 29

30 Adding other interest rates to the shadow-rate VARs leads to some changes 30
31 in the characterization of monetary policy, but also makes estimates from the 31

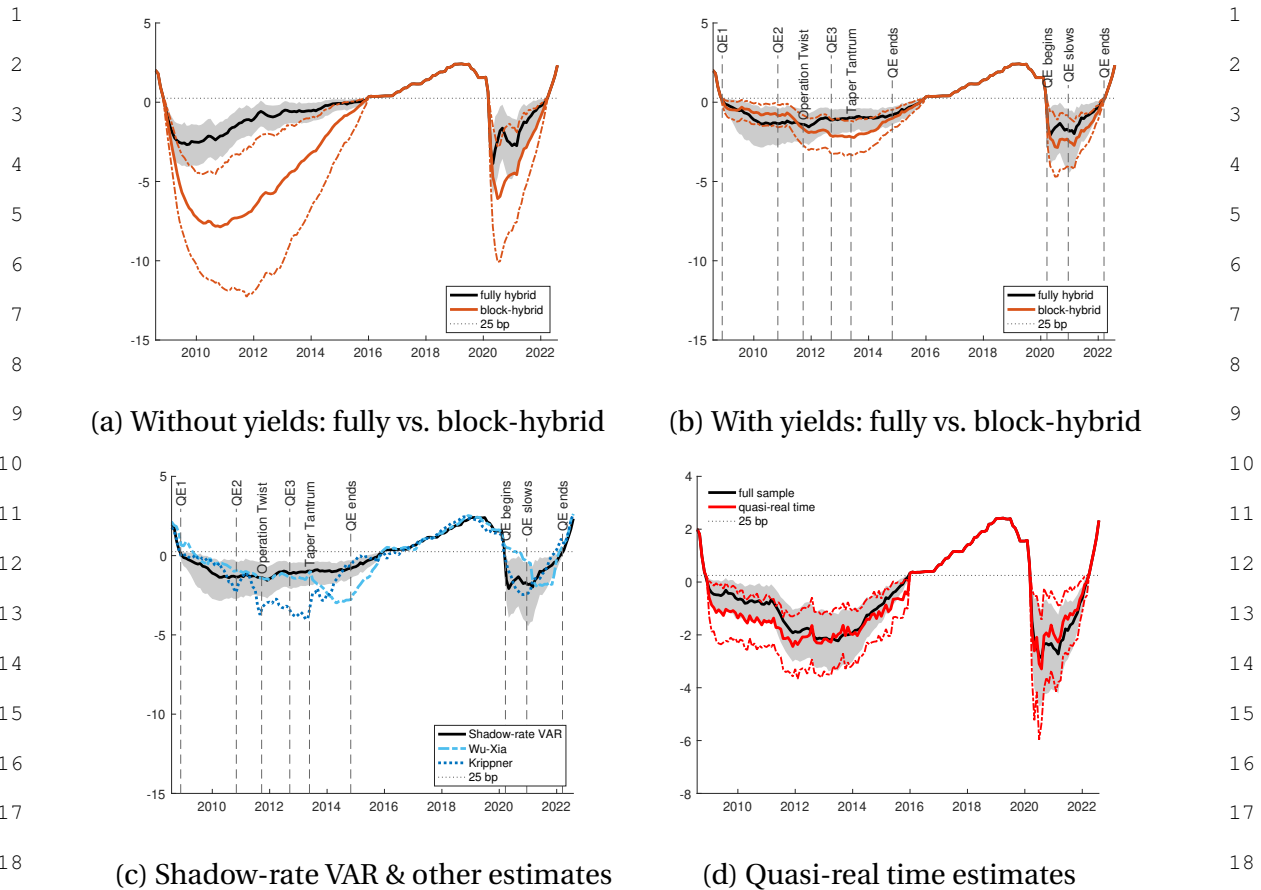


FIGURE 2. Shadow-rate estimates. Panel (a) compares the smoothed shadow-rate estimates from the fully-hybrid and block-hybrid specifications when data on interest rates other than the federal funds rate are omitted. Panel (b) compares the shadow-rate estimates from the fully-hybrid and block-hybrid specifications using all 20 variables listed in Table 1 in the estimation. Panel (c) compares the smoothed shadow-rate estimates from the fully-hybrid shadow-rate VAR (estimated with yields, also shown in Panel (b)) against updated estimates obtained from Krippner (2013, 2015) and Wu and Xia (2016). Panel (d) compares smoothed (also shown in Panel (b)) and quasi-real time shadow-rate estimates from our block-hybrid shadow-rate VAR using all 20 variables.

fully-hybrid (black line with gray shading) and block-hybrid (red lines) specifications more similar. As indicated in Panel (b), full-sample estimates from VARs including our baseline set of 20 variables including various interest rates show the shadow rate falling significantly starting in 2009, but neither as rapidly nor as

1 sharply as in the estimates from the VAR without other bond yields.²⁸ For exam- 1
2 ple, in the block-hybrid model informed by bond yields, the shadow rate estimate 2
3 reached a nadir of -2.1 percent in mid-2013 (rather than a nadir of nearly -7 3
4 in the block-hybrid estimates without bond yields). The rate then gradually rose 4
5 and crossed the ELB in early 2016, following the Federal Reserve's first increase in 5
6 the federal funds rate in mid-December 2015 (when the FOMC raised the target 6
7 range from 0-25 basis points to 25-50 basis points). The rate dropped precipi- 7
8 tously in the spring of 2020, with the posterior median reaching -2.7 percent in 8
9 May 2020. The rate moved gradually higher starting in April 2021 and crossed 9
10 the ELB in April 2022, following the FOMC's first increase in the federal funds 10
11 rate in mid-March 2022. From 2009 through 2011, the fully-hybrid and block- 11
12 hybrid estimates of the shadow rate are very similar, whereas the block-hybrid 12
13 estimate runs modestly below the fully-hybrid estimate from 2012 through 2014 13
14 before quickly converging when the Federal Reserve first raised the funds rate in 14
15 December 2015. Overall, the estimates from our models with and without bond 15
16 yields indicate that the shadow rate estimates are significantly informed by the 16
17 interest rate equations. 17

18 Finally, the estimates for the block-hybrid model with all bond yields in 18
19 Panel (d) indicate that, as might be expected, the quasi-real-time estimates (red 19
20 lines) have more time variability than do the full sample estimates (black line 20
21 with gray shading), but follow a quite similar contour. As might also be expected, 21
22 the quasi-real-time estimates are less precise than the full sample estimates, with 22
23 credible sets wider than those of the full sample estimate. However, in results 23
24 omitted in the interest of brevity, comparisons to estimates from VARs including 24
25 only the federal funds rate show that the inclusion of bond yields improves the 25
26 precision of the shadow rate estimate in quasi-real time and reduces its variability 26
27 over time. 27

28
29
30 ²⁸The supplementary online appendix provides estimates of shadow rates for the 6-month and 1- 30
31 year Treasury maturities. The contours of these estimates follow those shown here for the shadow 31
32 federal funds rate. 32

1 Our interpretation of the shadow rate estimates from the VARs with various 1
2 bond yields as compared to the VARs with the federal funds rate as the only in- 2
3 terest rate is that the inclusion of yields allows the shadow-rate VARs to capture 3
4 the effects of asset purchases and forward guidance regarding the path of policy 4
5 rates. Taking account of these unconventional policy actions, our estimates in- 5
6 dicate that the FOMC's setting of the funds rate was significantly constrained by 6
7 the ELB in these episodes, but by much less than is indicated by estimates that 7
8 are not directly informed by other interest rates. 8

9 Finally, although our shadow-rate VARs do not impose the restrictions of an 9
10 affine term structure model, our shadow-rate estimates have some similarities to 10
11 the Krippner and Wu-Xia measures based on affine term structure models. As in- 11
12 dicated in Panel (c) of Figure 2, our fully-hybrid shadow-rate VAR estimate (black 12
13 line with gray shading) and the Wu-Xia series move together from 2009 through 13
14 2013. Over the remainder of the ELB episode following the Great Recession, as 14
15 our estimate gradually rose to the ELB over the course of 2014 and 2015, the 15
16 Wu-Xia series fell and then rose sharply. Compared to the other estimates, the 16
17 Krippner measure fell more sharply in 2012-2013 and then bounced back more 17
18 quickly in 2014-2015. For the period from 2009 through 2015, our fully-hybrid 18
19 shadow-rate VAR estimate can be seen as akin to a measure one would obtain 19
20 by averaging the Krippner and Wu-Xia measures. From 2020 through mid-2022, 20
21 our shadow-rate VAR estimate is more similar to the Krippner measure than the 21
22 Wu-Xia estimate. 22

23 One might wonder whether an approach that treats observed policy rates at 23
24 the ELB as missing values might be a close alternative to shadow-rate sampling 24
25 that explicitly accounts for the ELB.²⁹ In the interest of brevity, the supplemen- 25
26 tary online appendix provides additional results to assess the effects of shadow- 26
27 rate modeling and enforcement of the ELB in model estimation. A simple miss- 27
28 ing data approach would neglect the effects of enforcing the ELB as part of the 28
29 shadow-rate sampling on inference for other VAR parameters and state variables 29
30 (like SV). As discussed by Waggoner and Zha (1999) in the context of conditional 30

31 _____ 31
32 ²⁹Such a missing data approach has been used by, for example, Del Negro et al. (2017). 32

1 forecasting, conditioning estimates on information when the ELB was binding 1
2 could (and should) embody non-trivial information about the relevant param- 2
3 eters of the VAR. Comparisons provided in the supplementary online appendix 3
4 show that shadow-rate sampling, which takes into account observations of inter- 4
5 est rates at the ELB, can have important effects on model estimates of parameters 5
6 and SV, which in turn bear on the shadow rate estimates. In particular, without 6
7 forcing the draws of missing interest rate observations to lie at or below the ELB 7
8 (which is what one would do under a simple missing-data approach), the pos- 8
9 terior credible set of the policy rate puts significant probability mass above the 9
10 ELB for some periods in which, in fact, the federal funds rate was at the ELB. The 10
11 use of shadow-rate sampling, as opposed to a missing-data approach, leads to 11
12 estimates of parameters and SV that increase the odds of obtaining missing-data 12
13 draws for the shadow rate that lay below the ELB (for observations when the ELB 13
14 binds). 14

16 6. FORECAST EVALUATION 16

17
18 Having shown how our shadow-rate VAR can be used to characterize monetary 18
19 policy in ELB episodes, we turn now to a second way in which our approach 19
20 can be used: macroeconomic forecasting. We conduct an out-of-sample fore- 20
21 cast evaluation in quasi-real time, where we simulate forecasts made from Jan- 21
22 uary 2009 through December 2017. For every forecast origin, each model is re- 22
23 estimated based on growing samples of data that start in 1959:03. We stop fore- 23
24 casting in December 2017 to be sure the unusual volatility of the COVID-19 pan- 24
25 demic does not distort forecast comparisons; with a maximum forecast horizon 25
26 of 24 months, the last outcome date in the evaluation sample is December 2019, 26
27 so that our evaluation sample does not include any realizations from 2020 or 27
28 later. However, as shown in the supplementary online appendix, ending the eval- 28
29 uation sample in mid-2022 yields similar results. Of course, the evaluation win- 29
30 dow in our main results is relatively short and largely informed by a single ELB 30
31 episode. Forecasts made prior to 2009 are not considered, due to the absence of 31
32 observed interest rates at the ELB in postwar US data. All data are taken from 32

the September 2022 vintage of FRED-MD; we abstract from issues related to real-time data collection. For sake of comparability, forecasts from linear and shadow-rate VARs are compared against realized interest-rate values that are censored at the ELB. We should also note that, in view of the benefits of including other interest rates as described below, in these results we focus on 20-variable specifications that include not only the federal funds rate but also bond or bill rates.

6.1 Average performance 2009–2017

Comparing various model specifications discussed below, Table 2 provides results on point and density forecast accuracy, measured by root mean squared error (RMSE, computed around mean forecasts), mean absolute error (MAE, computed around median forecasts), and continuous ranked probability score (CRPS), respectively. We provide the MAE results in light of the concerns of [Bauer and Rudebusch \(2016\)](#) with the use of mean forecasts for interest rates near the ELB constraint. The reported forecast horizons are $h = 6, 12,$ and 24 months (unreported results for $h = 3$ months are similar). For those variables that enter the model in monthly growth rates (e.g., real income and nonfarm payrolls), at horizons h greater than 1 month, the h -step forecasts are transformed to average growth rates over h periods.³⁰

Table 2 compares the accuracy of forecasts from our block-hybrid shadow-rate VAR to those from a standard VAR that simply takes the forecasts as given and does nothing to obey ELB constraints. As noted above, the hybrid specification relates the macroeconomic indicators to actual interest rates, not shadow rates. To facilitate comparisons, we report RMSE, MAE, and CRPS results for the shadow-rate model as relative to the standard VAR, so that entries of less (more) than 1 mean the shadow rate model's forecast is more (less) accurate than the baseline. To roughly gauge the significance of differences with respect to the baseline, we use t -tests as in [Diebold and Mariano \(1995\)](#) and [West \(1996\)](#), denoting significance in the tables with asterisks.

³⁰Specifically, for a variable that enters the model as $1200\Delta\log(x_t)$, at each forecast origin t and multi-step horizon h , we average the forecasts of monthly growth rates as $(1200/h) \sum_{s=1}^{s=h} \Delta\log(x_{t+s})$.

1 Overall, these results indicate that our block-hybrid shadow-rate VAR specifi- 1
2 cation for accommodating the ELB performs better in forecasting than does a 2
3 standard VAR. The shadow-rate specification significantly improves forecasts of 3
4 not only the federal funds rate (FFR) but also most other interest rates, without 4
5 harming (and in some instances improving) the forecasts of indicators of eco- 5
6 nomic activity, measures of inflation, and other financial indicators. RMSE ratios 6
7 for federal funds rate forecasts for $h = 3, 6, 12,$ and 24 range from 0.24 to 0.50 , the 7
8 MAE ratios range from 0.20 to 0.38 , and the CRPS ratios range from 0.19 to 0.39 , 8
9 with statistical significance of all of the MAE and CRPS gains. For Treasury rates 9
10 of maturities from 6 months through 10 years, the shadow-rate specification also 10
11 typically improves forecast accuracy, with gains greater at short maturities than at 11
12 long maturities. For the 6-month T-bill yield, RMSE (MAE) ratios range from 0.41 12
13 to 0.68 (0.30 to 0.48); CRPS ratios are between 0.31 and 0.51 , pointing to larger and 13
14 more statistically significant density gains as compared to RMSE gains. Forecast 14
15 improvements at the 1-year maturity are modestly smaller but can still be sizable; 15
16 for example, in this case, CRPS ratios range from 0.50 to 0.56 . At the 5- and 10-year 16
17 maturities, the block-hybrid shadow-rate VAR consistently improves on the fore- 17
18 cast accuracy of a standard VAR, but by smaller, less significant magnitudes. For 18
19 instance, the CRPS ratios for the 5-year Treasury yield range from 0.83 to 0.94 . 19
20 Finally, for the indicators of economic activity, stock price returns, the BAA yield, 20
21 and the exchange rate, the treatment of the ELB on interest rates does not seem to 21
22 bear consistently and importantly on forecast accuracy. RMSE, MAE, and CRPS 22
23 ratios for the standard VAR and block-hybrid shadow-rate specifications are of- 23
24 ten near 1, particularly at the 6-month forecast horizon. At longer horizons, the 24
25 block-hybrid specification improves on the longer-horizon accuracy of the stan- 25
26 dard VAR for some variables (e.g., income, consumption, IP, capacity utilization, 26
27 and unemployment) and reduces longer-horizon accuracy for some other eco- 27
28 nomic activity indicators (e.g., hours worked) as well as PCE inflation and S&P 28
29 500 returns. 29

30 Our supplementary online appendix reports various robustness checks, with 30
31 fairly similar results to those reported here. In particular, when extending the 31
32 evaluation period to end in August 2022, it turns out that while the economic 32

TABLE 2. Forecast performance of standard vs. block-hybrid shadow-rate VAR

	RMSE			MAE			CRPS		
	6	12	24	6	12	24	6	12	24
Income	1.00	1.00	0.65	1.00	1.01	0.97	1.00	1.01	0.99
Consumption	1.01	0.99	0.88***	1.01	1.01	0.90*	1.00	0.99	0.97**
IP	1.01**	1.02	0.96	1.01	1.01	0.98	1.01	1.01	1.00
Cap. Util.	0.99	1.02	0.96	0.99	1.00	0.95	1.00	1.01	0.97
Unemp.	1.00	0.99	0.91***	1.00	0.98	0.91***	1.00	0.99	0.94***
Nfm Pyrlls	0.99	1.04	0.99	1.00	1.01	0.91**	1.00	1.01	0.97
Hours	1.01	1.02	1.03	1.01	1.02	1.03	1.01	1.01	1.01
H. Earnings	1.02*	1.01	1.03**	1.01	1.01**	1.01	1.01	1.01**	1.01**
PPI (Fin.)	0.99	0.97	1.00	0.99	0.99	1.01	0.99	0.99	1.00
PPI (Metals)	0.99	0.99	1.02	0.99	0.99	1.00	1.00	1.00	1.01
PCE Prices	0.98	0.97	1.07*	0.97*	0.98	1.08***	0.99	0.99	1.05***
Hsng Strts	0.98	0.91	0.90	0.98	0.91	0.90	0.99	0.94	0.93
S&P 500	1.00	1.01**	1.08*	0.99	1.01	1.02**	1.00	1.01*	1.01***
USD / GBP	1.00	1.00	1.02	1.01	1.02	1.05	1.00	1.00	1.02
FFR	0.24	0.29	0.50	0.20**	0.28*	0.38**	0.19**	0.25**	0.39***
6m Tbill	0.41	0.51	0.68	0.30**	0.36**	0.48***	0.31**	0.40**	0.51***
1y Trsy	0.62	0.66	0.78	0.44***	0.46**	0.56***	0.50***	0.53***	0.56***
5y Trsy	0.90**	0.82***	0.75**	0.93	0.90	0.89	0.94	0.88**	0.83***
10y Trsy	0.94	0.88*	0.78***	0.96	0.88	0.97	0.96	0.93	0.95
BAA Yld	0.97	1.00	0.99	0.96	1.01	1.07	0.99	1.02	1.07

Note: Comparison of “standard linear VAR” (baseline, in denominator) against “block-hybrid shadow-rate VAR” for horizons 36, 12, and 24 months. Values below 1 indicate improvement over baseline. Evaluation window with forecast origins from 2009:01 through 2017:12 (and outcome data as far as available). Significance assessed by Diebold-Mariano-West test using Newey-West standard errors with $h + 1$ lags. Performance differences of 5 percent and more (relative to baseline) are indicated by bold face numbers.

effects of the pandemic left a heavy mark on readings of macroeconomic and financial variables in 2020 and 2021 — see, for example, our companion work in [Carriero et al. \(2022b\)](#) — they did not materially affect the relative comparisons reported here. Moreover, the supplementary online appendix document the benefits in forecast performance from including longer-term yields in the VAR. In addition, we report improved out-of-sample forecasts generated from our block-hybrid VAR compared to those from a linear VAR that omits shorter-term yields (and is thus unencumbered by the ELB). We also consider the effects of

1 assuming a lower ELB value of 12.5 basis points (which corresponds to the mid- 1
2 dle of the FOMC’s target range for the federal funds rate during the recent ELB 2
3 episodes). Overall, contours of the estimated shadow rates, and relative forecast 3
4 performance of the shadow-rate VAR are broadly similar to our baseline results, 4
5 indicating robustness to the alternative choice in ELB value. The hybrid shadow- 5
6 rate VAR continues to forecast well relative to the linear case, when the ELB value 6
7 is lowered to by 12.5 basis points. 7

10 6.2 *Expected policy rates and forecasts of macroeconomic variables* 10

11
12 The key differences between the VAR specifications considered here (standard 12
13 vs. hybrid shadow-rate) is the treatment of nominal interest rates near the ELB 13
14 and the resulting forecasts for other, mainly macroeconomic, variables.³¹ In each 14
15 VAR, interest rate forecasts are not only an object of interest by themselves, but 15
16 also serve as conditioning variables in the dynamic equations of other variables. 16
17 A discussion of forecasts for the actual interest rate in their own right is relegated 17
18 to Section 6.3. Instead, here we highlight the differences in the predicted paths 18
19 of the short-term policy rate used by the block-hybrid shadow-rate VAR to con- 19
20 struct forecasts for macroeconomic variables; for brevity we also refer to these 20
21 as “forecast-relevant” policy rates. The block-hybrid shadow-rate model uses ac- 21
22 tual interest rates, which cannot fall below the ELB, as right-hand side variables 22
23 for its VAR equations of x_t in (6).³² Critically, the standard linear VAR does not 23
24 distinguish between actual and shadow rates. Ignoring the ELB in forming pre- 24
25 dictions of future interest rates, the linear VAR uses its uncensored interest rate 25
26 forecasts when predicting other variables. 26

27
28
29 ³¹Formally, using notation introduced in Section 3, by “other” variables we mean data contained in 28
30 the partition x_t of the VAR vector in (3). For brevity, we refer to these henceforth as “macroeconomic” 29
31 variables, while noting that our application also includes some financial variables within x_t . 30

31 ³²The actual-rate values used in dynamic forecast simulations of the hybrid shadow-rate VAR re- 31
32 flect draws from the model’s censored density for shadow-rate predictions. 32

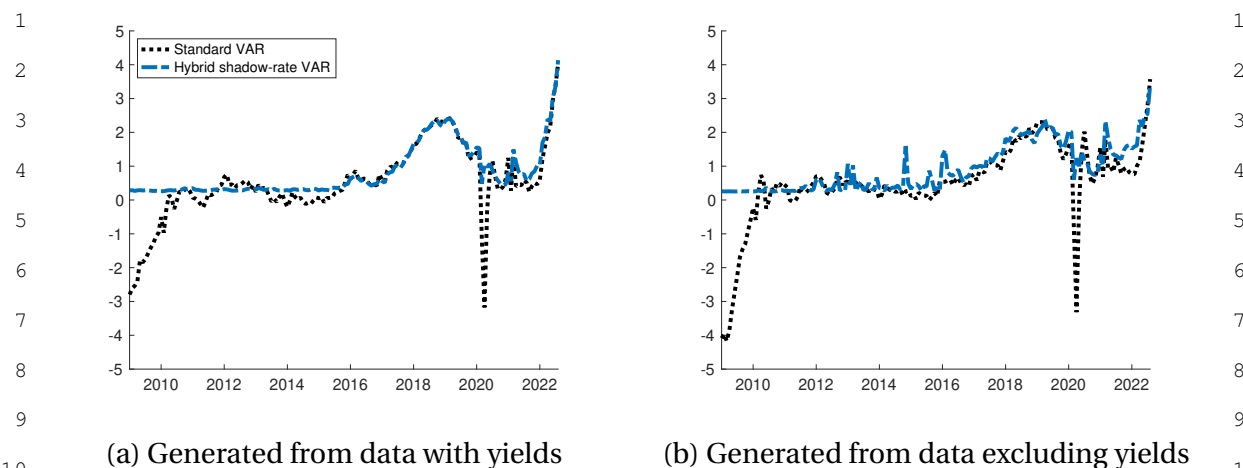


FIGURE 3. Expected averages of forecast-relevant policy rates (12-months ahead). 12-month ahead expected averages of federal funds rates (actual or shadow), generated out-of-sample at forecast origins 2009:01 – 2022:08. For each VAR model, the interest rate measures shown correspond to the forecast-relevant policy rate variables used in the model equations for macroeconomic variables, x_t : For the block-hybrid shadow-rate VAR, predictions of actual rates are reported, and for the standard VAR, which ignores the ELB, (uncensored) federal funds rate predictions are shown.

To illustrate salient differences in the forecast-relevant policy rates that underlay predictions of macroeconomic (and other non-interest rate) variables, Figure 3 compares 12-month ahead averages of the forecast-relevant policy rates expected by each model out of sample. The left panel of the figure shows policy predictions generated from our full 20-variable system including yields, and the right panel shows corresponding predictions obtained when yields other than the federal funds rate are omitted from the VARs. Using either data set, the two VARs can differ — more so early in an ELB episode than late in the episode — notably in their forecasts of policy rates that enter as inputs in forecasts of macroeconomic conditions. By construction, the relevant policy rates of the hybrid shadow-rate VAR are constrained not to fall below the ELB, and turn out to hover closely above it for most of the post-GFC period. In contrast, the standard VAR predicts sharply negative interest rates in 2009 and some of 2010 and again briefly in the pandemic. But with its forecasts jumping off actual-rate data remaining at the ELB,

1 the standard model sees forecast-relevant policy rates hovering near the ELB for 1
2 most of the post-2010 recovery. Taken at face value in this reduced-form setting, 2
3 the more negative rate forecasts of standard VAR imply more monetary policy 3
4 stimulus as compared to the positive rate forecasts of the hybrid shadow-rate 4
5 VAR. However, this distinction applies for relatively short portions of the ELB 5
6 episodes, with predicted rates fairly comparable for substantial portions of the 6
7 ELB episodes. 7

8 While the inclusion of term structure data does not change the broad qual- 8
9 itative patterns in the forecast-relevant policy rate forecasts generated by the 9
10 different models, the right panel of Figure 3 displays some quantitative differ- 10
11 ences compared to the left panel. When the federal funds rate is the only inter- 11
12 est rate included, the standard VAR predicts even lower interest rates in 2009 (a 12
13 nadir of roughly -4 percent without yields as compared to about -3 percent with 13
14 yields); this pattern is consistent with the historical estimates of shadow rates 14
15 presented earlier. In the smaller specifications with the FFR as the only interest 15
16 rate, this pattern in interest rate forecasts leads the standard VAR to over-predict 16
17 the strength of the recovery in its early stages. In addition, comparing the fore- 17
18 casts from the block-hybrid models without and with bond yields included, omit- 18
19 ting yields leads the forecast of the policy rate to show more variability — rising 19
20 above the ELB briefly before returning to it — in the second halves of the ELB 20
21 episodes. 21

22 Our preferred models do include information about the term structure of in- 22
23 terest rates, and add rates or yields from maturities of 6 months through 10 years. 23
24 Although we omit direct comparisons in the interest of brevity, macro forecasts 24
25 from these larger models are more accurate than those from the corresponding 25
26 specifications in which the federal funds rate is the only interest rate. When term 26
27 structure data is included, forecasts from hybrid shadow-rate VARs improve in an 27
28 absolute sense as well as relative to the linear VAR. In addition, shadow-rate es- 28
29 timates and FFR forecasts informed by term structure data become less negative 29
30 around the 2009-2015 ELB episode and during the first year or so of the COVID- 30
31 19 pandemic. One interpretation is that, by adding yields to the VAR vector, the 31

1 shadow-rate specifications are less prone to over-estimating stimulus from un- 1
2 conventional monetary policy (at least during the initial ELB episode prompted 2
3 by the GFC). 3

4 Overall, these comparisons suggest two broad takeaways about capturing the 4
5 effects of monetary policy in reduced-form VARs for forecasting. First, for fore- 5
6 casting macro variables, it is helpful to include a range of interest rates and not 6
7 just the federal funds rate. In particular, as shown in the supplementary online 7
8 appendix, our shadow-rate VARs (using all yields) considerably improve upon 8
9 forecasts for macro variables obtained from a linear VAR that simply omits short- 9
10 term interest rates to avoid ELB issues. Second, a shadow-rate specification pro- 10
11 vides an internally consistent forecasting model (whereas the standard VAR does 11
12 not). Moreover, the shadow-rate VARs ensure interest rates obey the ELB, which 12
13 improves the accuracy of their interest rate forecasts. In addition, shadow-rate 13
14 VARs that distinguish between effects from actual and shadow rates as predictors 14
15 for economic outcomes, improve the accuracy of some macro forecasts, while 15
16 remaining otherwise comparable to a linear VAR. 16

17 18 6.3 *Interest rate forecasts made since the outbreak of COVID-19* 18

19 The period following the outbreak of the COVID-19 pandemic in the US and the 19
20 aggressive easing of monetary policy by the FOMC provides an opportunity for 20
21 a case study of predicted interest rate dynamics from our shadow-rate VARs as 21
22 compared to a standard VAR that ignores the ELB. These comparisons focus here 22
23 on the block-hybrid shadow-rate VAR as compared to a standard VAR. Figure 4 23
24 shows the evolution of federal funds rate forecasts over selected origins between 24
25 March 2020 and the end of our sample in August 2022.³³ With data available 25
26 through March 2020, as the outbreak of COVID-19 hit the US economy, the point 26
27 forecast from a standard VAR put the funds rate well below the ELB for the entire 27
28 forecast horizon, with substantial probability mass on very negative rates. As of 28
29 September 2020, the point forecast was close to the ELB for several months, but 29
30

31 ³³Forecasts generated at a given forecast origin, say March 2020, reflect model estimates based on 31
32 data up to and including the month of the forecast origin. 32

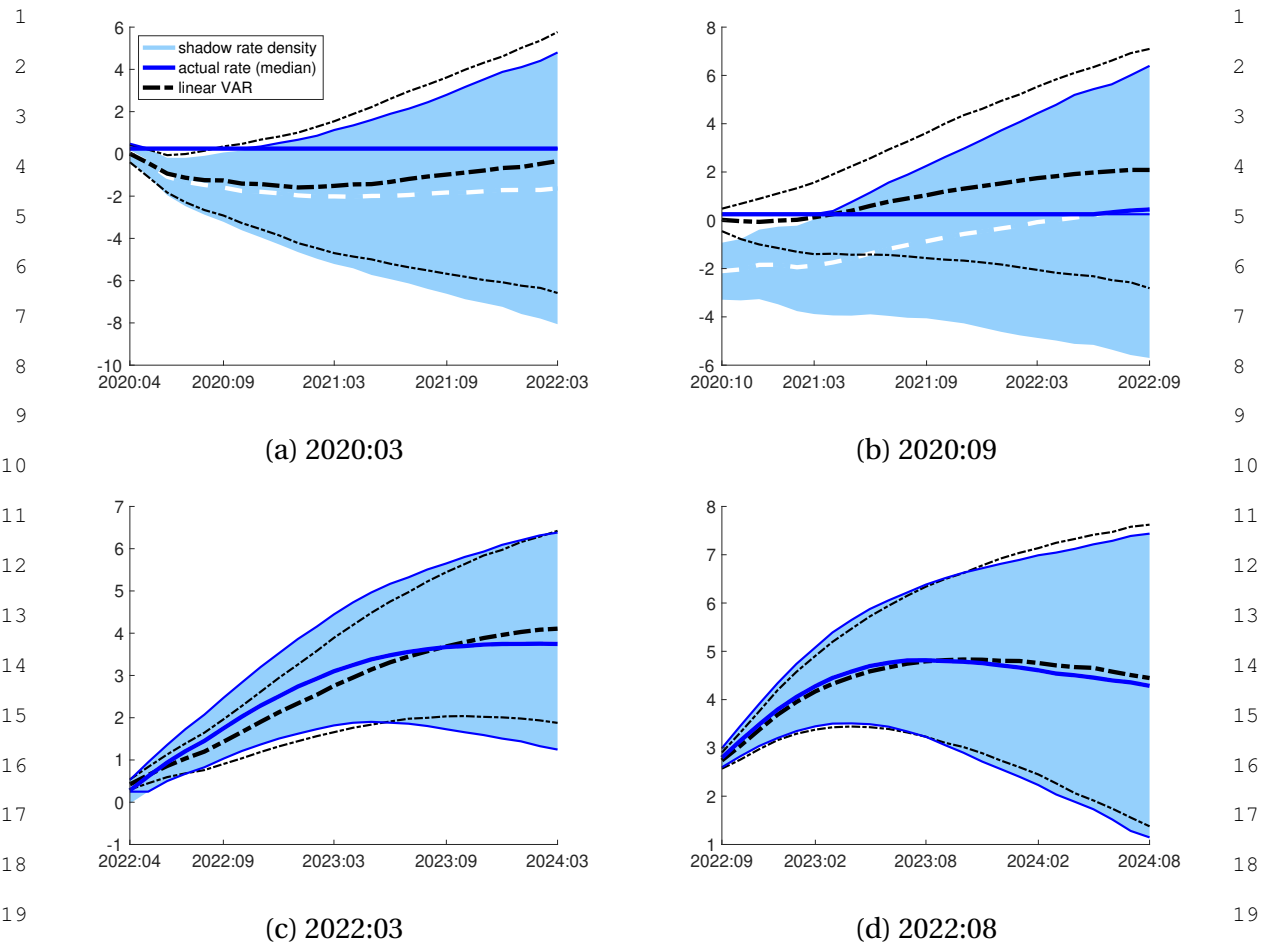


FIGURE 4. Predictive densities for actual and shadow values of the federal funds rate. Predictive density for the actual and shadow values of the federal funds rate, simulated out of sample at different jump-off dates. Dashed-dotted (black) lines depict the predictive density for the actual rate as generated from the standard VAR. The shaded (light blue) area with dashed (white) lines represent the block-hybrid shadow-rate VAR's predictive density of the shadow rate, while solid lines (dark blue) reflect the corresponding censored density for the actual interest rate. Posterior medians and 68 percent bands.

throughout the forecast horizon substantial mass in the predictive distribution remained in negative territory.

At the March 2020 forecast origin, past data for the US economy was still well above the ELB, and the predictive density for the shadow rate generated from the

1 block-hybrid shadow-rate VAR was very similar to the (uncensored) actual rate 1
2 distribution obtained from the standard VAR, as shown in Panel (a) of the fig- 2
3 ure. However, things changed as the economy stayed at the ELB in subsequent 3
4 months. As previously described in Section 5, the rapid deterioration in eco- 4
5 nomic conditions led to a decline in the (median) shadow rate which stabilized 5
6 a little below -2 percent by the second half of 2020. As shown in Panel (b), as of 6
7 September 2020, negative levels of the shadow rate at the forecast origin pulled 7
8 down the predictive densities for the shadow rate.³⁴ As a result, until the second 8
9 half of 2021 (detailed results omitted in the interest of brevity), the shadow rate 9
10 was expected to cross above the ELB quite a bit later than implied by uncensored 10
11 federal funds rate predictions generated from the standard VAR. 11

12 Jumping forward to March 2022, when the FOMC raised the funds rate off 12
13 the ELB, the predictive densities of the funds rate from both the standard and 13
14 shadow-rate VARs were solidly above the ELB throughout the forecast horizon. 14
15 The median projections were similar, with the funds rate rising steadily to about 15
16 3.5 percent over about 18 months, but with the projection from the shadow-rate 16
17 VAR slightly higher than the standard VAR's forecast over most of the period. At 17
18 the end of our sample, in August 2022, the median forecasts from the two ap- 18
19 proaches (standard and shadow-rate VAR) were even more similar, with the funds 19
20 rate rising from about 3 percent to nearly 5 percent before gradually declining. 20

21 Forecasts of the federal funds rate from the shadow-rate VARs reflect the pre- 21
22 dicted evolution of the shadow rate. As noted before, our shadow rates reflect the 22
23 unconstrained policy rate prescriptions of the feedback rule for monetary policy 23
24 that is implied by the shadow rate VAR. From an economic perspective, shadow- 24
25 rate VARs can capture lower-for-longer or make-up elements of the Federal Re- 25
26 serve's monetary policy strategy through the dependence of predicted interest 26
27 rates on lagged notional rates as suggested by, for example, the models of Billi 27
28 (2020), Gust et al. (2017), and Reifschneider and Williams (2000). Moreover, the 28

29
30
31
32 ³⁴The shadow-rate VARs' predictive densities integrate over the entire posterior distribution of
shadow-rate values, as depicted, for example, in Figure 2, instead of jumping off any specific estimate
for current and past values of the shadow rate.

1 shadow-rate estimates are informed by observed data on longer-term yields and 1
2 economic conditions, which enables the estimates to pick up on the effects of 2
3 unconventional policies, such as forward guidance and asset purchases, through 3
4 these channels. 4

6 7. STRUCTURAL ANALYSIS 6

7 This section illustrates a third use of our model, for structural analysis. In this 7
8 application, we estimate the response of the economy to a shock to financial 8
9 conditions with our hybrid shadow-rate VAR. We focus here on the block-hybrid 9
10 shadow-rate VAR, in which case the responses of macroeconomic variables to 10
11 shocks depend on whether the ELB binds or not. Although this model does not 11
12 allow for regime change in ELB episodes, the supplementary online appendix 12
13 shows that the fully-hybrid shadow-rate VAR — which does allow for regime 13
14 change — yields qualitatively similar impulse response estimates.³⁵ The model 14
15 takes the form described above, adding the excess bond premium of [Gilchrist](#) 15
16 [and Zakrajšek \(2012\)](#) to our baseline variable set. For simplicity, we use a recur- 16
17 sive ordering for identification with the EBP ordered first. As detailed in Section 17
18 [3.6](#), we estimate non-linear impulse responses based on the approaches of [Koop](#) 18
19 [et al. \(1996\)](#) and [Goncalves et al. \(2021, 2023\)](#). The size of the shock reflects an 19
20 average estimate of the standard deviation in EBP shocks during 2005-2006, the 20
21 two years preceding the Great Recession. 21

22 To illustrate the influence of binding ELB constraints, [Figure 5](#) reports esti- 22
23 mated impulse response functions for December 2006 (blue lines) and December 23
24 2012 (red lines).³⁶ In the former case, the economy was still expanding, and inter- 24
25 est rates were well above the ELB (e.g., the federal funds rate was 5.25 percent), 25
26 whereas in the latter, the ELB was binding for short-term rates (with readings 26
27

28 ³⁵In particular, posterior median estimates of responses are very similar across models. However, 28
29 likely reflecting some collinearity of actual and shadow rates, credible sets are much wider for the 29
30 fully-hybrid estimates compared to those from the block-hybrid model. 30

31 ³⁶In keeping with the timing assumptions described in [Section 3.6](#), the IRF origins represent the 31
32 jump-off point t of baseline forecasts against with the alternative forecast conditioned on a specific 31
32 shock occurring at $t + 1$. 32

1 for the federal funds, 6-month, and 1-year Treasury rates at 16, 12, and 16 basis 1
2 points, respectively). For chart readability, we report estimates of a key subset of 2
3 the model's variables. These IRFs do not assume the economy to either remain at 3
4 or away from the ELB over the response horizon, but endogenously account for 4
5 changes of interest rates towards or away from the ELB as the simulations move 5
6 forward in time. 6

7 Our estimates of the shock's effects in 2006 resemble the estimates of [Gilchrist](#) 7
8 [and Zakrajšek \(2012\)](#) based on quarterly data. The EBP shock depresses eco- 8
9 nomic activity (in our figure, industrial production, consumption, and employ- 9
10 ment) and stock prices. In our estimates, the shock boosts measures of the ag- 10
11 gregate price level, whereas it lowers the price level in [Gilchrist and Zakrajšek](#) 11
12 [\(2012\)](#); but in both sets of estimates, the impacts of the shock on price levels are 12
13 sufficiently imprecise as to not differ significantly from 0. The shock leads to a 13
14 reduction of the federal funds rate, as well as declines in other yields. 14

15 When the same-sized shock hits financial conditions after the end of 2012, 15
16 short-term rates are at the ELB, while policy can still affect longer-term yields 16
17 (such as the 5- and 10-year yields in our model). With short-term rates already 17
18 at the ELB just prior to impact, the shock leads to a much more muted decline in 18
19 their forecasts than in the case of the 2006 shock. For example, the ELB constraint 19
20 prevents federal funds rate predictions from falling for more than six months af- 20
21 ter the shock occurred. To be clear, these responses (as in standard impulse re- 21
22 sponses) are declines in average predictions for future funds rates relative to a 22
23 baseline forecast (that is often rising), and not expected declines relative to a cur- 23
24 rent level of the funds rate that is ostensibly at its effective lower bound. With the 24
25 funds rate starting at the ELB in December 2012, the model expects the shadow 25
26 rate to gradually rise from negative to positive territory, eventually returning to its 26
27 historical mean, in turn implying a baseline path of the federal funds rate that af- 27
28 ter some months lifts off the ELB and subsequently gradually increases. With the 28
29 shock, the funds rate lifts off later and follows a lower trajectory. Accordingly, re- 29
30 flecting these baseline and shocked paths of the federal funds rate, [Figure 5's](#) IRFs 30
31 show the federal funds rate eventually declining, albeit much less than it would in 31
32 the absence of the ELB constraint. As might be expected given the term structure, 32

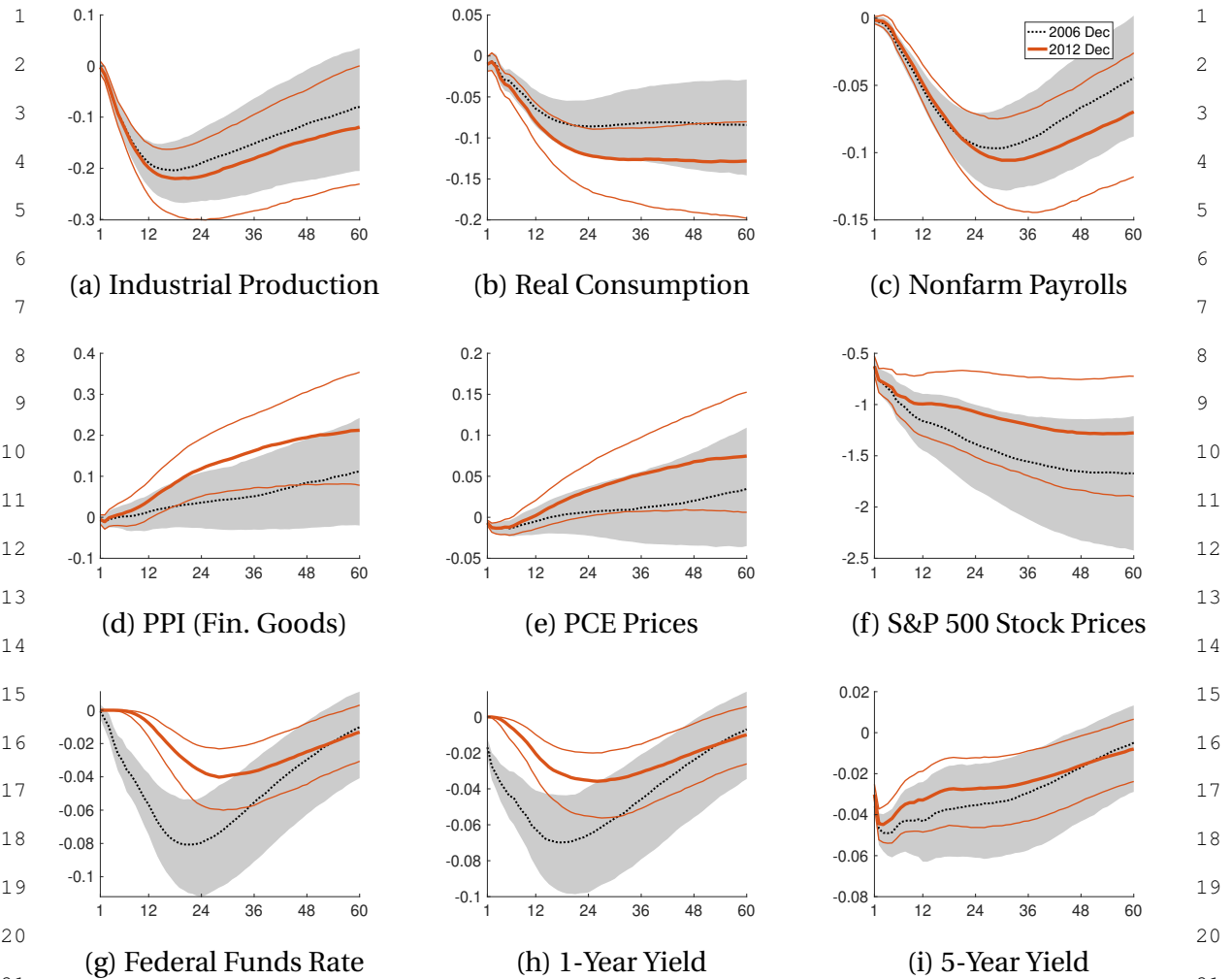


FIGURE 5. Impulse Responses to an EBP Shock in 2006 and 2012. Estimates obtained from full-sample posterior of the block-hybrid shadow-rate VAR at two different IRF origins with 60-month horizons. Size of EBP shock corresponds to average SV level of 0.11 for the years 2005-2006. Posterior medians and 68 percent bands. Interest rates in levels, and cumulated log levels (times 100) for all other variables.

the differences between the 2006 and 2012 responses of the 5-year bond yield are smaller than the differences in responses of the federal funds rate. With interest rates moving less in the 2012 IRFs as compared to 2006, some measures of economic activity (e.g., industrial production) show sharper declines in response to the 2012 shock, albeit with overlap in the point-wise uncertainty bands from each

1 simulation. Measures of aggregate prices faced by firms and households show 1
2 stronger increases following the 2012 shock as compared to the 2006 shock. This 2
3 pattern in price level responses could be seen as consistent with the model-based 3
4 predictions in [Gilchrist et al. \(2017\)](#) in which an adverse demand shock leads to a 4
5 rise in inflation (rather than fall) due to financially constraint firms being forced 5
6 to raise their prices in order to preserve internal liquidity and avoid external fi- 6
7 nancing. 7

8 In the interest of brevity, we relegated to the supplementary online appendix 8
9 another comparison, of IRFs obtained from a linear VAR that ignores the ELB 9
10 against the responses from our hybrid model as shown here. The differences 10
11 in the estimates are broadly similar to those shown in [Figure 5's](#) hybrid-model 11
12 IRFs with origins in 2006 and 2012. For example, at times when the ELB binds, 12
13 our model expects a more severe decline in economic activity than a linear VAR, 13
14 which ignores the ELB. This comparison confirms the impact on structural in- 14
15 ference from our approach to modeling the ELB through the shadow-rate VAR 15
16 as opposed to a purely linear model. The supplementary online appendix also 16
17 presents IRF estimates obtained from our fully-hybrid shadow-rate VAR, which 17
18 are qualitatively similar to those shown here for the block-hybrid case. However, 18
19 reflecting the relative scarcity of ELB data in our sample, the uncertainty bands 19
20 around the fully-hybrid IRFs *at the ELB* are markedly wider than IRFs with shock 20
21 origins away from the ELB as well as the IRFs in the block-hybrid case (where all 21
22 parameters are identified from data at and away from the ELB). 22

23 Together, the IRF estimates presented in this section illustrate the use of our 23
24 (block-hybrid) shadow-rate VAR for structural analysis. Our approach to model- 24
25 ing ELB constraints on interest rates shows impacts of incorporating the ELB in 25
26 the VAR through the shadow rate as opposed to a purely linear VAR.³⁷ 26

28 ³⁷The results presented here are also confirmed by additional IRFs, obtained with a smaller-sized 28
29 VAR model that only contains EBP, unemployment, inflation, and the federal funds rate, as reported 29
30 in an earlier working paper version of this manuscript ([Carriero et al., 2023](#)). The smaller model gen- 30
31 erates responses that are qualitatively similar to those for our medium-size model, in the sense that at 31
32 the ELB the interest rate decreases less so that unemployment increases more and inflation decreases 32

8. CONCLUSION

Motivated by the prevalence of lower bound constraints on nominal interest rates, this paper develops a tractable approach to including a shadow-rate specification in medium-scale VARs commonly used in macroeconomic forecasting. Our models treat interest rates as censored observations of a latent shadow-rate process in a VAR setup. As in a classic Tobit model, the shadow rate is assumed to run below the ELB when the actual interest rate is at the ELB, and equal to the observed interest rate when the ELB is not binding. Our shadow-rate approaches extend the specific unobserved components model of [Johansen and Mertens \(2021\)](#) to the general VAR setting and build on the data augmentation methods developed by [Chib \(1992\)](#) and [Chib and Greenberg \(1998\)](#) for Tobit and Probit models. By using a computationally more efficient shadow-rate sampling algorithm, together with the recursive methods of [Carriero et al. \(2019\)](#) and [Carriero et al. \(2022a\)](#) for efficient estimation of Bayesian VARs with stochastic volatility, our approaches are easily applied to a medium-scale VAR system, and they successfully handle data in which the ELB is binding for multiple interest rates of different maturities.

We consider two specifications of the shadow-rate VAR that combine actual and shadow interest rates in their state dynamics and use shadow rates as dependent variables to describe the evolution of (shadow) term structure variables. The fully-hybrid shadow-rate VAR model relates all variables (both macroeconomic indicators and shadow rates) to lags of both the shadow rates and actual interest rates. This model allows intercepts and dynamics to be different when at the ELB than when away. Because actual and shadow rates are perfectly collinear when above the ELB, their joint inclusion in a VAR can create challenges in identification and estimation, in particular for the purpose of generating reliable out-of-sample forecasts based on the (yet) still limited experience with ELB

less. Yet, the differences emerge more slowly than in the larger model, which provides a more granular representation of the economy that better captures the shock transmission mechanism. These results underscore the importance of working with such larger shadow-rate models, and use of our shadow-rate sampling methods assures their computational feasibility.

1 data. Hence, the block-hybrid shadow-rate VAR includes shadow rates as VAR 1
2 regressors only in forecasting equations for other (shadow) term structure vari- 2
3 ables, while using actual rates (and not shadow rates) as explanatory variables 3
4 in the VAR equations of macroeconomic variables and other measures of finan- 4
5 cial conditions. Through direct and indirect effects, both actual and shadow rates 5
6 influence multi-step forecasts of all variables in the hybrid VAR. 6

7 We apply our shadow-rate models in three applications, using medium-scale 7
8 BVARs with stochastic volatility: characterizing monetary policy in ELB episodes, 8
9 forecasting a range of macroeconomic indicators over a long historical sample 9
10 including ELB episodes, and conducting a structural analysis of the impacts of 10
11 financial shocks. 11

12 In our results, historical estimates of the shadow rate from a block-hybrid 12
13 model in which the federal funds rate is the only interest rate indicate that, based 13
14 on macroeconomic conditions and historical relationships, the FOMC would 14
15 have set the funds rate far, far lower than it could during the GFC and COVID-19 15
16 pandemic — on the order of -7 percent. However, once longer-term bond yields 16
17 are included in the model, capturing some of the FOMC's unconventional pol- 17
18 icy actions, our estimates indicate that the FOMC's setting of the funds rate was 18
19 significantly constrained by the ELB in these episodes, but by much less than 19
20 estimates that are not directly informed by other interest rates. 20

21 In our forecast application, forecasts for interest rates obtained from a block- 21
22 hybrid shadow-rate VAR for the US since 2009 are clearly superior, in terms of 22
23 both point and density forecasts, to predictions from a standard VAR that ignores 23
24 the ELB. These interest rates include not only the federal funds rate but also 24
25 longer-term bond yields. For some macroeconomic variables, the shadow-rate 25
26 VAR generates gains in predictive performance. However, especially at shorter 26
27 horizons, the models are quite similar in accuracy for forecasts for many macroe- 27
28 conomic variables, as the standard VAR can generate a negative-rate outlook (for 28
29 actual rates) that influences its economic forecasts in ways that are similar to a 29
30 shadow-rate VAR. For forecasting financial and macro variables, it is, of course, 30
31 helpful to include in the models a range of yields from the term structure of in- 31
32 terest rates and not just the federal funds rate. Critically, when conditioned on 32

1 interest rates of shorter- and longer-term maturities, our shadow-rate VARs con- 1
2 siderably improve upon forecasts for macroeconomic variables obtained from a 2
3 linear VAR that simply omits short-term interest rates to avoid ELB issues. Our 3
4 forecasts are also superior to those from a VAR that replaces the federal funds 4
5 rate with an external shadow-rate estimate. 5

6 Finally, to illustrate the use of our shadow-rate VARs for structural analysis, we 6
7 estimate the response of the economy to a shock to financial conditions and find 7
8 that accounting for the ELB matters for estimated responses, as the latter differ 8
9 both (1) when at or away from the ELB and (2) with respect to the same responses 9
10 from a linear VAR. 10

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