

# Optimal Portfolio Choice With Longevity, Critical Illness and Long-Term Care Insurance

Cheng Wan<sup>1,2\*</sup>   Hazel Bateman<sup>2</sup>   Katja Hanewald<sup>2</sup>

<sup>1</sup>Chair of Integrative Risk Management and Economics, ETH Zurich

<sup>2</sup>ARC Centre of Excellence in Population Ageing Research (CEPAR), UNSW Sydney

EEA-ESEM 2023  
Barcelona, August 28 - Sep 1

# Agenda

- ① Introduction
- ② Institutional Background
- ③ Model
- ④ Calibration
- ⑤ Results
- ⑥ Conclusion

# Motivation

Rapid population ageing & growing awareness of health risks due to COVID-19  
Developing countries: basic public insurance → catastrophic medical expenditures

- Government - public insurance system not adequate, how to expand?
- Individuals - retirement risks (longevity, medical, aged care), how to manage them?

Challenging task!

- Survival probabilities, health risks (illness and care), economic environment
- Societal changes: female labour force participation, migration, etc.

Role of retirement insurance?

# Annuity Puzzle

Theory - Annuities are part of an optimal portfolio

Practice - Voluntary annuitisation rates are low

Many explanations (e.g., Benartzi et al., 2011) - three key reasons

- **Precautionary savings** due to uncertain health-related expenditures (e.g., De Nardi et al., 2010; Peijnenburg et al., 2017)
- **Health shocks and correlated financial costs** (Laitner et al., 2018; Reichling and Smetters, 2015)
- **Adverse selection** (e.g., Braun et al., 2019; Finkelstein and Poterba, 2004)

Remarks

- Not wise to plan retirement only with retirement income products - **health risks** matter!
- Limited research considering longevity and **health-contingent insurance** simultaneously

# Our Paper

Predict the **optimal portfolio** for a retiree in a developing retirement system

Based on a new multi-period and multi-state life-cycle model

- Risks: critical illness, long-term care, longevity, stochastic medical and care expenditures.
- Public insurance: pension, medical insurance, welfare assistance (means-tested subsidy)
- Portfolio: annuity, critical illness insurance, long-term care insurance, savings account
- Health state-dependent utility of consumption

Model calibrated to urban China

# Key Results

- ① **High** annuity demand for retirees with a **low** pension
- ② **High** critical illness insurance demand for retirees with an **average** pension
- ③ **Positive** long-term care insurance demand across economic profiles
- ④ **Higher** long-term care insurance demand for **females**

# Main Contributions

- ① First paper to include **critical illness insurance** in a retirement portfolio in a life-cycle model
  - Existing studies only consider longevity and/or long-term care insurance (Ameriks et al., 2019; Horneff et al., 2020; Koijen et al., 2016; Laitner et al., 2018; Peijnenburg et al., 2017; Reichling and Smetters, 2015; S. Wu et al., 2016)
  - Only critical illness insurance (Hambel, 2020)
- ② **Predict optimal retirement portfolio choice** for retirees in urban China
  - Males and females, typical wealth and pension levels
  - Comprehensive tests: state-dependent utility, other preferences, health transitions, pricing, and subsidy

# Retirement Provision in China: Longevity Insurance

Public - main programs:

- Employee pension (monthly amount CNY 3,000 or USD 400)
- Resident pension (rural and urban, CNY 150 - 1,000)

Private

- Enterprise annuity (in large SOEs)
- “Annuities” - yes, but
  - Short-term investment products
  - Complex and costly
- New policy: Individual Retirement Account (2022)



# Retirement Provision in China: Health and care

## Health insurance

- Employee **Basic** Medical Insurance + Resident **Basic** Medical Insurance
  - Critical illness: **catastrophic** financial/health shock

## Long-term care insurance

- Mainly informal, but pilot programs in 80 cities
  - Different requirements, benefits, and funding models
  - Sustainability

## Private

- “Critical illness insurance” (lump sum, age limit, rarely long-term)
- “Long-term care insurance” (short-term investment products)

# Retirement Provision in China: Summary

## Public insurance

- Large variation (pension income)
- Limited cover (health-related risks)
- Sustainability

## Private insurance

- Lack of suitable products for retirees
- Costly

More?

## Model: Setting (1/3)

### Demographics and socioeconomics

- Male and female urban employee, retired at ages 60 and 55, respectively
- $\text{Period}(t)$ : from retirement to death (max age 105), 46 or 51 years/periods
- Retires with given retirement savings  $M_1$  and public pension  $P_t$
- Enrolled in public health insurance

### Preference

- Health state-dependent utility of consumption via weight  $\eta_{H_t}$  (De Nardi et al., 2010; Finkelstein, Luttmer, et al., 2013; Peijnenburg et al., 2017)

$$u(c_t, H_t) = \eta_{H_t} c_t^{1-\gamma} / (1 - \gamma) \quad (1)$$

## Model: Setting (2/3)

### Health transitions (exogenous)

- 4 health states  $H_t$  at period  $t$ : 1 - healthy, 2 - critically ill (CI), 3 - long-term care (LTC) dependent (3+ ADLs\*), 4 - dead
- Markov process with transition probabilities at period  $t$ :  
$$\pi_t(H_t = i, H_{t+1} = j) = \text{Prob}(H_{t+1} = j | H_t = i)$$
- No recovery from poor health states to healthy

### Health costs (exogenous)

- Incur random cost due to critical illness whenever critically ill
  - Distribution of cost: independent of age
- Incur random cost due to long-term care whenever LTC dependent
  - Distribution of cost: age-dependent

## Model: Setting (3/3)

### Portfolio

- Life annuity
  - Pays fixed amount  $Annuity_t$  p.a.
- Critical illness insurance (CII)
  - Pays lump sum  $CII_t$  when the insured is critically ill for the first time
- Long-term care insurance (LTCI)
  - Pays fixed amount  $LTCI_t$  p.a. when the insured is LTC dependent
- Savings account
  - Real interest rates on savings: 2%

Pricing: discounted expected costs + 15% loading

No stock market: < 3% participation rate among the old (CHARLS, 2018)

## Model: Decision and Transition

At retirement: decide insurance portfolio and pay premiums, **one-off choice**

Other periods, i.e., from  $t$  to  $t + 1$ :

- Begin with end of last period wealth  $M_t$
- Receive pension and annuity income:  $+P_t + Annuity_t$
- Depending on health state  $H_t$ :
  - $-CostLTC_t + LTCI_t$
  - $-CostCI_t + CII_t$  (if first time)
- Receive subsidy  $S$  (means-tested, consumption floor)
- Choose consumption  $C_t$
- Accrue interest  $R$

Final period: choose consumption and leave bequest

## Model: Objective

The individual chooses insurance allocation and consumption to maximise their lifetime utility. Bellman function:

$$\left\{ \begin{array}{l} V_t(M_t, H_t) = \max_{c_t, \omega_a, \omega_c, \omega_l} E_t \left\{ u(c_t, H_t) + \beta \left[ \sum_{H_{t+1}=1}^4 \pi_t(H_t, H_{t+1}) V_{t+1}(M_{t+1}, H_{t+1}) \right] \right\} \text{ s.t.} \\ V_t(M_t, 4) = v(M_t) \equiv bM_t^{1-\gamma} / (1 - \gamma) \end{array} \right.$$

$$A_t = M_t + P_t + Annuity_t + CII_t + LTCI_t - CostCI_t - CostLTC_t - c_t,$$

$$M_{t+1} = R \cdot A_t,$$

$$A_t \geq 0,$$

$$c_t \geq S,$$

$$\omega_a, \omega_c, \omega_l \geq 0,$$

$$\omega_a + \omega_c + \omega_l \leq 1.$$

- Solved numerically by backward induction with the endogenous grid-points method (Carroll, 2006) + simulations to find optimal allocations

# Calibration (1/2)

## Data source

- China Health and Retirement Longitudinal Study (CHARLS)
  - Estimate long-term care probabilities, costs (informal care), and insurance pricing
  - Similar to the Health and Retirement Study (HRS) and the Survey of Health, Aging and Retirement in Europe (SHARE)
  - Four waves (2011, 2013, 2015, and 2018)
- Official mortality and health curves
- Hospital data about critical illness expenditures (Fang et al., 2018; D. Wu et al., 2018)
- Preferences parameters (Friedman and Warshawsky, 1990; İmrohoroğlu and Zhao, 2018; X. Wang and C. Wang, 2020)
- Government reports about pension, subsidy



## Calibration (2/2)

### Health transitions

- Based on official mortality and illness curves and CHARLS data

### Health costs

- $CostCI \sim \text{Lognormal}(11.86, 0.92^2)$ , Mean: CNY 216,000
- $CostLTC(\text{Age}) \sim \text{Lognormal}(6.13 + 0.02 \times \text{Age}, 1.46^2)$ , Mean: CNY 4,400 at age 60

### Preferences

- 'Risk aversion'  $\gamma = 3$
- Time preference  $\beta = 0.999$
- Bequest strength  $b = 50$
- Health-dependent utility weights:  $\eta_{H_t=CI} = 1.2$ ,  $\eta_{H_t=LTC} = 0.7$

# Results: Optimal Allocation - Males

Optimal allocation of retirement savings, male



Welfare gain: 1) use simulations to find equivalent wealth needed (without purchasing insurance) to achieve the same utility (with optimal insurance); 2) calculate the increase relative to the initial wealth

- Optimal portfolio **strongly** depends on wealth and pension
  - High wealth: demand for CII, LTCI and annuity, and self insurance!
  - Low wealth: demand for CII or annuity depending on pension
- Large welfare gains, especially for low wealth/pension

# Results: Optimal Allocation - Males and Females

## Optimal allocation of retirement savings, male



## Optimal allocation of retirement savings, female



## Results: Optimal Allocation - The Average

What about the *average* case?

For an individual with an average pension (CNY 3,000) and average wealth (CNY 640,000), interpolate and weight our results:

- Annuity (3%) + CII (48%) + LTCl (14%) + Savings (25%)

Remarks

- Health-related risks alone could solve the annuity puzzle
- Health-related risks addressed, then think about longevity risk

# Results: Optimal Allocation - Summary and Discussion

## Insurance demand

- Substantial CII demand for retirees with an average pension
- High annuity demand for retirees with a low pension (in line with “full annuitisation”)
- Positive LTCI demand across all economic profiles (similar to Ameriks et al., 2020)
- Females: much higher LTCI demand (conservative, e.g., widow)

## Welfare gains

- Much larger for poor retirees, role of financial education?

## Next...

- Real choices? Only stated preferences (Wan et al., 2022) [link](#)
- Collective models

## Results: Sensitivity (1/2)

- Health transition
  - Higher transitions between CI and LTC
- Pricing
  - Product priced wrt. separate health assumptions (standalone product) vs the same health transitions matrix (bundled product)
  - Health assumptions for pricing, consistent or inconsistent with the health transitions in the utility function
- Preferences
  - Lower/higher marginal utility of consumption
  - Risk aversion, time preference, bequest motives
- Subsidy
  - Lower/higher monthly subsidy

# Results: Sensitivity (2/2)

## Main results generally robust

### Notable changes

- Health transition [link](#)
  - Higher transition rates between CI and LTC decrease annuity demand
  - Larger impact for poor retirees
- Pricing [link](#)
  - Annuity demand increases substantially (for wealthy retirees)
- Preferences [link 1](#) [link 2](#)
  - State-dependent utility: moderate; can decrease/increase annuity demand
  - Other preferences: more stable demand for CII and LTCI than for annuity
- Subsidy
  - LTCI demand converted to annuity demand (only for poor retirees)

## Conclusion: Takeaways

First paper to include a life annuity, **critical illness insurance**, and long-term care insurance in a life-cycle model.

- For an individual with health state-dependent utility function, facing random health transitions and random health costs (illness and care).

### **Key findings:**

- High CII demand for retirees with an average pension
- High annuity demand for retirees with a low pension
- Positive LTCI demand across economic profiles, much larger for females
- Potential self-insurance for wealthy retirees
- Larger welfare impact of insurance on poor retirees



# Conclusion: Implications

For policymakers and insurers in developing countries



- ① Once income is *enough*, policies to reduce illness shocks are more efficient
- ② Prepare for coming LTC demand: unique, higher for females
- ③ Financial education for poor retirees
- ④ Bundling health and longevity insurance could increase annuity demand






The authors acknowledge the support from

- the ARC Centre of Excellence in Population Ageing Research (CEPAR)
- the Katana computational cluster in UNSW Sydney

**Thank you for your interest in our research!**

Contact: [chengwan@ethz.ch](mailto:chengwan@ethz.ch)

-  Ameriks, J., Briggs, J., Caplin, A., Shapiro, M. D., & Tonetti, C. (2019). Long-Term-Care Utility and Late-in-Life Saving [Publisher: The University of Chicago Press]. *Journal of Political Economy*, 128(6), 2375–2451.
-  Ameriks, J., Briggs, J., Caplin, A., Shapiro, M. D., & Tonetti, C. (2020). Long-Term-Care Utility and Late-in-Life Saving. *Journal of Political Economy*, 128(6), 2375–2451.
-  Benartzi, S., Previtro, A., & Thaler, R. H. (2011). Annuitization Puzzles. *Journal of Economic Perspectives*, 25(4), 143–164.
-  Braun, R. A., Kopecky, K. A., & Koreshkova, T. (2019). Old, Frail, and Uninsured: Accounting for Features of the U.S. Long-Term Care Insurance Market. *Econometrica*, 87(3), 981–1019.
-  Carroll, C. D. (2006). The method of endogenous gridpoints for solving dynamic stochastic optimization problems. *Economics Letters*, 91(3), 312–320.
-  De Nardi, M., French, E., & Jones, J. B. (2010). Why Do the Elderly Save? The Role of Medical Expenses. *Journal of Political Economy*, 118(1), 39–75.
-  Fang, P., Pan, Z., Zhang, X., Bai, X., Gong, Y., & Yin, X. (2018). The effect of critical illness insurance in China. *Medicine*, 97(27).

-  Finkelstein, A., Luttmer, E. F. P., & Notowidigdo, M. J. (2013). What Good is Wealth Without Health? The Effect of Health on the Marginal Utility of Consumption. *Journal of the European Economic Association*, 11(suppl\_1), 221–258.
-  Finkelstein, A., & Poterba, J. (2004). Adverse Selection in Insurance Markets: Policyholder Evidence from the U.K. Annuity Market. *Journal of Political Economy*, 112(1), 183–208.
-  Friedman, B., & Warshawsky, M. (1990). The Cost of Annuities: Implications for Saving Behavior and Bequests. *The Quarterly Journal of Economics*, 105(1), 135–154.
-  Hambel, C. (2020). Health shock risk, critical illness insurance, and housing services. *Insurance: Mathematics and Economics*, 91, 111–128.
-  Horneff, V., Maurer, R., & Mitchell, O. S. (2020). Putting the pension back in 401(k) retirement plans: Optimal versus default deferred longevity income annuities. *Journal of Banking & Finance*, 114, 105783.

- 
- İmrohoroğlu, A., & Zhao, K. (2018). The chinese saving rate: Long-term care risks, family insurance, and demographics. *Journal of Monetary Economics*, 96, 33–52.
- 
- Koijen, R. S., Van Nieuwerburgh, S., & Yogo, M. (2016). Health and Mortality Delta: Assessing the Welfare Cost of Household Insurance Choice. *The Journal of Finance*, 71(2), 957–1010.
- 
- Laitner, J., Silverman, D., & Stolyarov, D. (2018). The Role of Annuitized Wealth in Post-retirement Behavior. *American Economic Journal: Macroeconomics*, 10(3), 71–117.
- 
- Peijnenburg, K., Nijman, T., & Werker, B. J. (2017). Health Cost Risk: A Potential Solution to the Annuity Puzzle. *The Economic Journal*, 127(603), 1598–1625.
- 
- Reichling, F., & Smetters, K. (2015). Optimal Annuitization with Stochastic Mortality and Correlated Medical Costs. *American Economic Review*, 105(11), 3273–3320.
- 
- Wan, C., Bateman, H., Fang, H., & Hanewald, K. (2022). *The demand for annuities, critical illness and long-term care insurance: Evidence from an*

*online survey* (CEPAR Working Paper). ARC Centre of Excellence in Population Ageing Research. Sydney, Australia.



Wang, X., & Wang, C. (2020). How Does Health Status Affect Marginal Utility of Consumption? Evidence from China. *International Journal of Environmental Research and Public Health*, 17(7).



Wu, D., Yu, F., & Nie, W. (2018). Improvement of the reduction in catastrophic health expenditure in China's public health insurance [Publisher: Public Library of Science]. *PLOS ONE*, 13(4), e0194915.



Wu, S., Bateman, H., & Stevens, R. (2016). *Optimal Portfolio Choice with Health-Contingent Income Products: The Value of Life Care Annuities* (CEPAR Working Paper No. 2016/17). ARC Centre of Excellence in Population Ageing Research. Sydney, Australia.

# Sensitivity - Health Transition

Test three transitions between CI and LTC

- ① CI to LTC: twice of the baseline transition
- ② LTC to CI: twice of the baseline transition
- ③ Both transitions higher

## Results

- Benchmark results generally robust to transitions between CI and LTC states, larger impact for retirees with low wealth & low pension
- Annuity demand decreases when transitions to CI and LTC states rise
- Largest change of allocation: Annuity (80% - 100%, low wealth & average pension), CII (30% - 35%, high wealth & average pension), LTCI (0 - 20%, low wealth & low pension)



# Sensitivity - Pricing

Previous: each insurance priced **separately** wrt. their own health tables

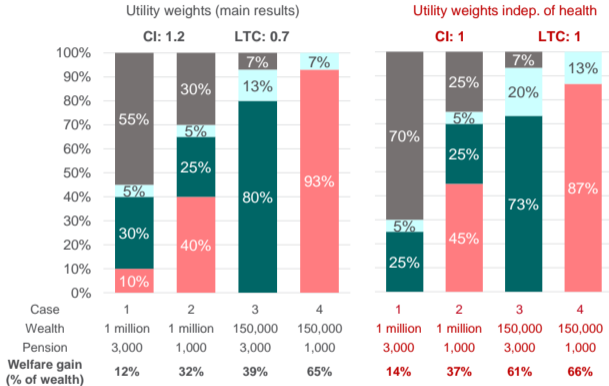
Now: priced with the **same** health transition matrix for all three products

- Health transitions for pricing
  - **consistent** with health transitions in the utility function
  - **inconsistent** with health transitions in the utility function
- Tested with the previous three health transition assumptions

## Results

- Main results confirmed, robust to pricing and inconsistent health dynamics
- Annuity demand increases substantially: 10% → 35% (high wealth & average pension)

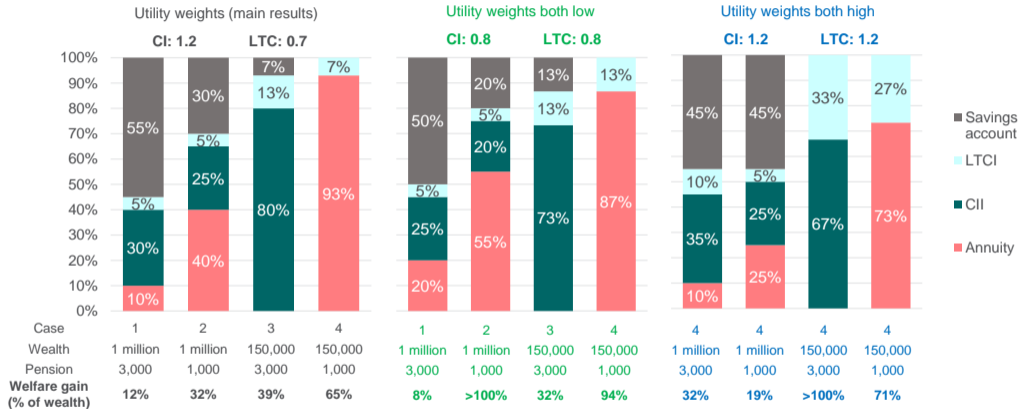
# Health State-Dependent Utility (1/2)



*Note: payments can be used in every state*

- Moderate impact on percentages
- Optimal portfolio still largely determined by wealth and pension
- Changes reflect different weights:
  - Higher CII demand
  - Lower LTCI demand
  - Higher Annuity demand?

# Health State-Dependent Utility (2/2)



- Similar moderate impact. More pronounced for poor retirees
- Higher weights in poor health states → lower annuity demand, vice versa

# Sensitivity - Other Preferences

Vary preference parameters

- “Risk aversion”:  $\gamma = 2, 3, 9$
- Time preference:  $\beta = 0.96, 0.999$
- Strength of bequest motives:  $b = 0, 10, 50, 100$

Results (group with high wealth & average pension)

- More stable demand for CII and LTCL, than for annuity
- More ‘risk averse’  $\rightarrow$  higher insurance demand (high wealth and average pension); higher annuity and CII demand, lower LTCL demand (low wealth and low pension)
- More patient  $\rightarrow$  more annuity (0 $\rightarrow$ 10%)
- Stronger bequest motives  $\rightarrow$  less annuity (30% $\rightarrow$ 0)

# Companion Paper

## Key findings:

- Large variation in stated demand by individual factors and COVID-19 experience.
- Most preferred retirement insurance: **half** critical illness insurance + **half** LTCI + a monthly annuity of ca. **20%** of disposable urban income.
- Access to critical illness insurance and LTCI can release the precautionary savings to purchase annuity, and **the effect depends on the cover of the health insurance.**
- Lower CII demand and higher annuity demand, compared with the theoretical best - underestimation of health-related risks or preference to use annuity as a buffer.
- Higher financial competence and more risk averse linked to **higher** CII / LTCI demand, but **lower** annuity demand.

# Retirement Provision in China: Longevity Insurance

Public - main programs:

- Employee pension (monthly amount CNY 3,000 or USD 400)
- Resident pension (rural and urban, CNY 150 - 1,000)

Private

- Enterprise annuity (in large SOEs)
- Annuities
  - Short-term wealth management products
  - Complex saving products with guaranteed income, costly
- 2022 Nov: government-supported program (3rd pillar)
  - Individual Retirement Account (IRA), tax benefits (EET)
  - USD 1.7 trillion by 2025

# Retirement Provision in China: Health Insurance

Public - main programs:

- Employee Basic Medical Insurance + Resident Basic Medical Insurance
- Both include:
  - Basic insurance for critical illness
    - Overall, limited reimbursement (e.g., 50%)
    - Many advanced treatments not covered
    - Can have a *large* financial/health shock

Private

- Critical illness insurance (lump sum, age limit, rarely long-term)
- Medical insurance (reimbursement, age limit, rarely long-term; government-supported new programs)
- Mutual-aid programs (e.g., age limit, closed: *Xianghu Bao* from Alibaba)

# Retirement Provision in China: Long-Term Care Insurance

Mainly informal care: family and relatives

Public - pilot phase

- About 80 pilot programs: different requirements, benefits, and funding models
  - Based on activities of daily living (ADL), instrumental ADL, cognition
  - Institutional care, community and home-based care
  - Contribution: individuals, employers, government, lottery funds
- Funding to be separated from the public health insurance

Private

- “Long-term care insurance” (mostly short-term investment products)



# Retirement Provision in China: Outlook and Summary

## Recent reform and regulation directions

- Sustainability: Increasing pension ages + Government employees start to contribute to access pension
- IRA + government-supported medical insurance
- More cooperation between the government and insurers
- More *insurance* products, rather than *investment* products
- More conservative discount rates

## Summary

- Public insurance - large variation (pension), lack of cover (health risks), sustainability
- Private insurance - lack of suitable products for retirees, costly